

SIGNPOST

The Owmbly Group of Parishes Magazine

Volume 26

June 2017

Issue 3

Father's Day is on Sunday the 18th June



WEST LINDSEY DEMENTIA SUPPORT GROUP

The West Lindsey Dementia Support Group meet in the Market Rasen Methodist Church Hall, on the 3rd Wednesday of every month, 10.00am to 12.00 noon, for tea/coffee, biscuits (sometimes cake) free of charge to all with dementia and their carers. We have been running these meetings for some years now, members are all people who have, or are going through the dark times, where no one will show you how to obtain help, advise or guidance. If you would like to meet us, you are so welcome, and most importantly, not alone. Telephone 01427 613033 or 01427 617596 - we will return your call if our answer phone takes your call.

<http://owmblygroup.co.uk/signpost>

FROM THE MINISTRY TEAM

Easter seems a long time ago now but here in the Owmbly Group we were blessed with the visit of Fr George Guiver from the Community of the Resurrection. Prayer was one of the topics we explored and as adults sometimes it can be difficult to know how to pray or what to pray. Prayer doesn't have to be complicated, there are no tests to pass. More often than not the simpler the prayer the better, as shown in the following prayer which was written by members of one of our Sunday School groups a number of years ago.

A Prayer.

Dear God I serve you by making your people happy when I go to school.

Dear God I serve you by helping my Mummy when I tidy my room.

Dear God I serve you by sharing my sweets with my friends.

Dear God I serve you by trying my best when I am at school.

Dear God I serve you by going to Sea Cadets when I serve my Queen and country.

Dear God I serve you by loving animals when I brush the cat.

Dear God I serve you by singing and praying when I go to church.

Dear God help me to serve you in all that I do,

Amen.

Some more quotes on prayer:

"Prayer is like riding a bicycle while hanging on to the back of a lorry." Fr George Guiver CR

"The best prayers have often more groans than words." John Byrom

"Prayer takes place in the heart, not in the head." Carlo Carretto

PRAYER FOCUS FOR JUNE

Our Father Who Art in Heaven... So begins the prayer that over 2000 years ago Jesus taught to His disciples. It remains the prayer that over 2 billion Christians say on a daily basis. It is also the only prayer that many non-Christians know and is often used by them at times of need in their lives. The good thing about praying is that it can be done wherever we may be; at home, at work or relaxing. Praying can be done when we are alone, in private or when we are with others.

Sometimes it is not possible for us, in these parishes, to come together in prayer but it may be possible for us to pause for a minute or so (wherever we are) to say The Lord's Prayer. This is what The Ministry Team is doing. So, can we encourage you to join in with this short, simple prayer at 12 noon each day? (The Lord's Prayer takes about 40 seconds to say.)

By setting aside this time you will know that you are part of a church in prayer. If you find that sometimes you are not able to join in at 12 noon every day (and it will happen) another time will be fine, knowing that even at 6.00pm for someone, somewhere in the world it will be 12 noon.

So, do you have 40 seconds at 12 noon each day to join us in the prayer Jesus taught us?

"Our Father Who Art in Heaven..."

Welton & District Royal British Legion



The next meeting will be held on **Thursday 1st June** at Welton Sports and Social Club at the usual time of 7.45 p.m.

Please note the change of meeting date - Now on the first Thursday of the month.

Contact Details:

Tel: 01673 860732 - E-mail: rosedonlea@btinternet.com

REGULAR CHURCH SERVICES

Wednesday	8.30 am	Morning Prayer	Spridlington
Friday	4.00 pm	Evening Prayer	Spridlington

CHURCH SERVICES IN JUNE

Sunday 4th	9.30 am	Holy Communion	Glenthams	ST
<i>Pentecost</i>	11.00 am	Holy Communion	Spridlington	ST
	6.00 pm	Evening Prayer	Owmbys	LH
Sunday 11th	8.30 am	Holy Communion	Spridlington	ST
<i>Trinity Sunday</i>	9.30 am	Holy Communion	Hackthorn	ST/JB
Sunday 18th	9.30 am	Holy Communion	Owmbys	JH
<i>1st after Trinity</i>	11.00 am	Morning Prayer	Hackthorn	AH
	6.00 pm	Evening Prayer	Spridlington	AH
Sunday 25th	9.30 am	Holy Communion	Saxby	ST
<i>2nd after Trinity</i>	11.00 am	Family Service	Owmbys	LH
	6.00 pm	Evening Prayer	Glenthams	AH

GLENTHAM METHODIST CHAPEL IN JUNE

Sunday 4th	10:45 am	Family Church	Ian Hardcastle
Sunday 11th	6:00 pm		Rev Anne Coates
Sunday 18th	10:45 am	Messy Church & BBQ	
Sunday 25th		No Service	

FROM THE REGISTERS

We welcome into the family of the Church by baptism

Frederick Isaac Spear on 28th April (at Hackthorn)



We remember with love those who have died

Burial of ashes on 5th March. Rachel Newton, aged 46 (St. Hilary's, Spridlington)

Funeral on 6th March. Ivor John Charles Anyan, aged 68 (St Peter's, Glenthams)

Funeral on 29th March. George Edward Halstead, aged 88 (St Peter's, Glenthams)

Funeral on 3rd May. Elizabeth May Barry, aged 67 (Ss Peter & Paul, Owmbys)

Have you visited the Owmbys Group website?

<http://owmbysgroup.co.uk>

Signpost Online - Including Back Issues

<http://owmbysgroup.co.uk/signpost>

DISCLAIMER

Signpost Magazine tries to offer its readers a wide range of articles by accepting submissions from third parties. However, please bear in mind the editor and staff will not check facts or references of submitted materials. As a result we cannot and do not guarantee the accuracy, completeness, or validity of the information supplied by the said third parties. Unless specifically requested, submitters will have their name attached to their articles and accept full responsibility for the accuracy and content of those articles.

Contact the editor for full terms and conditions of submitted articles and events.

The editor strives to provide complete reader satisfaction by editing and proofreading the magazine to the highest standard. However, he is only human and therefore is unable to guarantee that all stories are 'perfect' and 'error free'.

BISHOP OF GRANTHAM'S LETTER

Dear Friends,

I think of myself as having been an argumentative teenager. My parents say I wasn't, but I can remember the discussions that we had to this day...

Later life has softened me, I think, but I still enjoy a good conversation, and the excitement of meeting someone with very different views from my own.

How do we develop as human beings unless we are in contact with those who are unlike us in some ways, while being very like us in others? All human beings, all created by God, all with value and purpose and dignity.

One of the great joys of the Church is that it is a body that is in essence inclusive and outward-facing. The gift of the Holy Spirit at Pentecost is to reveal the possibility of unity in Christ and to give that unity purpose and confidence.

At the first Pentecost, people from all over the known world were able to recognize what they shared, a recognition that was symbolized by the way in which the Holy Spirit enabled them all to understand the message of 'God's deeds of power' as spoken by the Galilean disciples yet heard in their own language of origin.

A shared identity in Christ overcame the negative effects of difference of language, culture and nationality. It also meant that in a time of considerable political upheaval, the Church was able to provide hope because it placed a priority on works of justice and boldly challenged a tendency to self-centredness and fatalism.

United in the power of the Spirit, people looked out, worked together, and were given a new, concrete, objective identity in Christ. Just read the Acts of the Apostles to see this happening.

And the Church of today shares that same identity! We remain a Pentecostal people, empowered and unified by the Holy Spirit.

This Pentecost, as we prepare to vote in a General Election, may we remember our shared identity in Christ, with all that this means for the way in which we should treat each other and contribute to the life of the world. And let us be confident, therefore, in our faith and in our Church.

God bless you.

+ Bishop Nicholas

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HACKTHORN & COLD HANWORTH

HACKTHORN C. OF E. PRIMARY SCHOOL

There really is no getting away from the fact that education is about children. Seems obvious when you think about it, but sometimes it needs pointing out, because so much emphasis is placed on 'targets' and 'tables' that it can cause a bit of a fog to form, which can obscure the message from time to time, if we are not very careful.

Of course, we need to be able to keep tabs on how well everyone is doing, so that everyone gets the maximum benefit from their education. One of the ways we do that is by having regular 'peer-reviews', where head teachers from other schools in our Centurion Partnership come and spend time having a really good look at how the school is running and producing a report highlighting their thoughts on how we're doing.

We were extremely proud of our report this year because it told us that one of the major highlights of our school is the children - their behaviour, their attitude to learning and their pride in the school shone through all aspects of the review.

We had another top-notch demonstration of that, when our Key Stage 1 children went off to the Lincolnshire Life Museum. As with a lot of these old buildings, there are lots of special safety instructions which have to be given out and the museum staff were seriously impressed at how well our children listened to and observed the rules during their visit. They also find, as a result, that if you play by the rules, you get to have more fun, like the part where they thought that the large porcelain receptacle might be a giant tea cup! Great hilarity when they learned of its night-time duties in days gone by!

One of the reasons Key Stage 1 had gone out for the morning, was to allow a bit of peace for the Year 6 pupils who were using part of their classroom for 'Toast Week', one of the great traditions of our school which means that the majority of pupils look forward to the time when their progress is measured over the course of a few mornings in early May. We have some pictures on our website which provide a contrast to the media hype about pupil stress at this time. Everyone tries their best, and we are proud of them for that and the way they all support each other in the cleaning up after the pre test toast.

We are always happy to welcome anyone who wants to find out more about the 'Hackthorn Way' so why not contact the school on 01673 860295 to arrange a visit or to request a School Brochure, or have a look round our website at www.hackthorn.lincs.sch.uk

HACKTHORN AND COLD HANWORTH SOCIAL CLUB

The **Annual General Meeting** was held on Friday 17th March, 2017

The Club has had another enjoyable year, meeting every Friday between 8pm and 11pm in the Village Hall. But we do need to actively encourage attendance from all people within the community, including families with children.

In order to ensure a safe and enjoyable environment for all club members, parents are required to ensure that their children are supervised at all times.

Annual subscriptions are £3.00 per person, guests to be signed in at £1.00 per guest. Subscriptions for 2017-18 are overdue and should be paid as soon as possible to enjoy full membership benefits.

Thanks are expressed to the many villagers who attend and a special thank you to those who, in their own time, ensure the smooth running of the club.

Please come and support your local Social Club

Hackthorn & Cold Hanworth Village Hall Notice of Annual General Meeting

Friday 9 June 2017 at 7.30pm

in the Village Hall, Stable Yard, Hackthorn, LN2 3PQ

Our lovely village hall is a wonderful asset to our local community. The committee needs you to keep it up and running. You can help by joining the committee and becoming involved in the general running of the hall and fund raising events. Or why not just come along on the evening with ideas of events you would like to see in your village?

Everyone is welcome

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SPRIDLINGTON

MORNING PRAYER

Our weekly Morning Prayer has now changed from Tuesday mornings to Wednesday mornings at 8.30am. You are welcome to come and join us in this very short, informal, act of worship.



Visit Spridlington Village Hall's page on Facebook to find the latest news about events and to see photos of past fun! Come and like us at

<http://www.facebook.com/SpridlingtonVillageHall>



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NORMANBY & OWMBY

NORMANBY BY SPITAL PARISH COUNCIL NEWS

The Annual Parish and Annual Parish Council meetings took place in the school hall on 10th May, starting at 7.30pm. All Councillors attended and there were 8 members of the public. Recently re-elected County Councillor Lewis Strange arrived, unfortunately just as the meeting finished - at 8pm.

Cllr R Bellamy read out a very comprehensive report of the highs and lows of what the Parish Council had achieved or not, during the year.

The financial statement was available for everyone to see and the audit form was approved and signed.



Councillor Roy Bellamy was re-elected as Chair and Cllr Mrs Barbara Moulson was re-elected as Vice-Chair.

The defibrillator training session was a success, so much so that another training session will be arranged for anyone who wishes to attend. See a separate notice of who to contact if you want to join in.

There was a discussion regarding the Community Park and three members of the public present signed up as a volunteer to be on the soon to be formed committee. A risk assessment must be completed and a notice should be put up near the entrance of the field, advising the public not to enter. An approximate quote of over £10,000 has been received by the Clerk to Owmbly to have the overhead electricity cables put underground, but Cllr R Bellamy said he had spoken to someone who works for the electricity board and it seems it is possible to have the price considerably reduced. Further research will be done. Highways have still not approved dropping the kerb to form an entrance to the field.

The next Parish Council meeting has been arranged for Thursday 13th July.

Nadine Fox, Clerk to Normanby by Spital Parish Council

 Whist Drive Results 			
1st Lady	Lois Green	2nd Lady	Janet Andrew
1st Gent	Brian Jois	2nd Gent	Neville James
Low Score	Rita Cottingham Jean Cowperthwaite	Near Score	Sara Carter Anne Turnbull
Miniature	Janet Andrew Dummy	Raffle	Richard Harrison Anne Turnbull
Anyone wishing to join us at the next event at 7.30pm on Wednesday 31st May will be most welcome. It is always a light-hearted evening and we would be very pleased to see some new faces. Our hosts will be Anne and Howard Turnbull at South View, Caenby Road, Glentham			

<u>MOBILE LIBRARY</u>			
Normanby by Spital	Council Houses	12:30 - 13:00	Wednesdays 7th June 5th July
Hackthorn	School	14:00 - 14:30	
Full details, enquiries and renewals: 01522 782010			

FACEBOOK
Like our page on Facebook at www.facebook.com/OwmblyGroup

NORMANBY BY SPITAL PRIMARY SCHOOL

What a great enthusiastic start to our new summer term at Normanby. We kick started the term with some fabulous Easter creations from children throughout the school. Beautiful Easter Bonnets, delicious Easter cupcakes and some creative Easter Cards and eggs. A big thank you to Jenny Stimson from Tesco, for supporting the competition and providing us with the chocolate eggs as prizes. The first week back, all classes launched their new projects-Endeavour had an incredible Evacuation day, putting themselves in the shoes of the children in WW2 who were evacuees. It was an emotive day, made even more immersive with the incredible costumes, they were just amazing! Voyager, who are thinking about Toys, had a chance to bring their favourite toys in to share and invent their own. Some of them are very creative! Discovery launched their Circus theme, with all of the children dressed as circus performers and animals, there were clowns, monkeys and a ringmaster! The place was awash with colour and giggles!

By the time this is published, all our amazing Year 6 children will have completed their SATs and embracing their last term at Normanby School. A big well done to them all. Their attitude and approach to the tests was very mature and determined.

During the Easter holidays, the school hall underwent a makeover, it is fresher, brighter and looks enormous! We have new blinds, a refurbished floor and it has been painted. Much of this work has been possible from the kind donation from Jean Burkitt and school funds. We have also managed to raise some money through the CROWDFUNDER. We raised a total of £340, which meant we could order some new chairs. Thank you SO MUCH to the parents/carers, staff and members of the public who donated, it is really appreciated. We are now ready to have the grand opening of the school hall, and this will be held on Monday 19th June at 2pm. Mrs Jean Burkitt will be cutting the ribbon in memory of her late husband John Burkitt after whom the hall is being named after.....The John Burkitt Hall. Please feel free to join us in our celebrations.

As from September, working families will be able to claim for 30 hours free childcare. We are pleased to say, children can access this free funding at Normanby School. We are open for children to attend once they are in the school term they turn 3. At the moment we have some vacancies for pre school places, but they are filling up fast. If you would like to arrange a visit to the school please phone Jacqui on 878216 and she can arrange a convenient time to show you around our vibrant school.

theWI

Owmbly & Normanby WI

Thursday, 1st June, at 7:30pm
Normanby Primary School Hall

Open Gardens

Three of our members will welcome you to visit their gardens in Normanby
before enjoying refreshments at Sarah Swift's house

We look forward to seeing you all - and welcome new members.

POST OFFICE OPENING TIMES

Glenthams	Monday	09:00 - 11:30
	Thursday	14:00 - 16:00
Normanby & Owmbly 01673 878353	Monday - Friday	07:30 - 19:30
	Saturday	08:30 - 19:30
	Sunday	09:00 - 16:00

COFFEE MORNING

Thursday 1st June at 10:30 a.m.

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OWMBY PCC MONTHLY DRAW - April Result

1st	2nd	3rd
Jim Falconer	Kaye Crompton-Howe	Ruth Elliot

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Sunday 4th June



All welcome (children must be accompanied by a responsible adult)

Meeting Point - St. Peter's and St. Pauls Church at 10am

All equipment will be provided but to ensure we have enough equipment please contact the Clerk, Charlotte, to register your interest

(owmbybyspitalparishcouncil@gmail.com or 01673 838151)

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GLENTHAM & CAENBY

GLENTHAM 55+ CLUB

55+

Monday 12th June, 2:00 p.m.
Glentham Village Hall

55+

Non-members would be very welcome

'The Crown' at Glentham

Men's Breakfast

Saturday 10th June at 9:00am



An opportunity for men to meet and chat over a delicious full English breakfast!

Please Phone Peter Atkinson on 01673 878806 to reserve a place

Organised by Glentham Methodist Chapel

St Peter's Guild

COFFEE MORNING

Tuesday 20th June at 10:30 a.m.

Sarah's Cottage, Glentham

by kind invitation of Hilary Rainer

All Welcome



Sugar & Spice

Saturday 17th June at 9.30am

Ladies if you would like to join us at **The Willows** for coffee, cake, friendship & informal discussion about some of the 'big questions' in life, please contact Anne 01673 843362,

Janet 01673 818718 or Jenny 01673 878806 to book your place

Organised by members of Glentham Methodist Chapel

KNIT & KNATTER

Tuesdays 6th & 20th June 2:00p.m. - 4:00p.m.

Glentham Village Hall

Come & have a cuppa & a chat while doing your needlecraft or learning new crafts. £1.00 per week

Everyone Welcome



GLENTHAM & CAENBY TAPESTRY GROUP

The next group meeting will be on
Tuesday 6th June at 7.30 p.m.
 The Trap House, Glentham
 All old and new members are welcome.

Glentham Village Hall

COFFEE MORNINGS

Wednesdays 10:00 - 11:30 a.m.

June 7th, 14th, 21st & 28th

All welcome
Proceeds to Village Hall Funds

PRESENCE PRAYER AND BIBLE STUDY GROUP

Inter-denominational - Praying for our Communities

Thursday 8th June at 7:00 p.m.

at Tilsit, Bishop Norton Road, Glentham.

Contact Jenny or Peter on 01673 878806



ROSE BOWL QUIZ

Thursday 15th June at 7:30 p.m.

Glentham Village Hall

A just-for-fun quiz to raise funds for the village hall.
£3.50 per person. Bring your own drinks. Light supper provided.

GLENTHAM VILLAGE HALL

The AGM of the Glentham Village Hall Committee will be held in the village hall at 7pm, on Wednesday 21st June. This is an open meeting and all are welcome especially those who would like to join the committee and help out with the running and maintenance of the village hall.

If you have news, event, an article or a story you feel would be of interest to other readers, please contact Steve, the editor. His telephone number is on the contacts page towards the back of this month's edition. Full details are on the Owmbly Group web site.

CHAMPION'S CHALLENGE!

Holiday Club

Glentham Methodist Chapel
Mon 31st July - Fri 4th August
10:00 - 12noon (4 - 12 year olds)

Sunday 6th August
Celebration & Picnic
10:45am (All the Family)

Based on stories of Jesus from Luke's gospel! Packed with creative teaching, games, songs, prayers, craft & bible reading. Cost - £7.00 per child

Please contact Jenny Atkinson 878806 or Janet Faulkner 818718 for a Booking Form

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Monday – Saturday: 7:00 a.m. – 7:00 p.m.

Sunday: 9:00 a.m. – 12:30 p.m.

Lunchtime closing: 12:30 p.m. – 1:30 p.m. every day.

Bank Holiday Mondays: Closed all day

Morning newspapers delivered to: Glentham, Bishop Norton, Normanby, Owmbly, Spidlington, Hackthorn.

Contact us: High Street, Glentham, LN8 2EQ.

Telephone/fax: 01673 878474

If you have news, holding an event, an article or a story you feel would be of interest to other readers, please contact Steve, the editor.

LOCAL BUS TIMETABLE

Gainsborough to Market Rasen Mondays to Fridays schooldays

Service 370 operated by Stagecoach

Gainsborough Bus Station	0740	1450
Glentham	0805	1515
Market Rasen Market Place	0820	1530

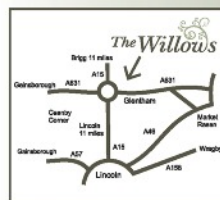
Market Rasen to Gainsborough Mondays to Fridays schooldays

Service 370 operated by Stagecoach

Market Rasen Market Place	0845	1553
Glentham	0900	1608
Gainsborough Bus Station	0920	1628



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Your Neighbourhood Policing Team

PC 326 Martin DOHERTY - 07939 890958 - martin.doherty@lincs.pnn.police.uk

PCSO 2206 Julie MCFAUL - 07825 100397 - julie.mcfaul@lincs.pnn.police.uk

PCSO 2297 Angie LAW - 07944 776999 - angie.law@lincs.pnn.police.uk



One of your neighbourhood officers will be attending the Coffee Mornings / Police Surgeries below. We will be pleased to meet you and discuss any issues you may wish to raise.

Date	Location	Time
Thurs 1	St Mary's Church, Welton	10:30 a.m.
Sat 3	Imgham Village Hall	10:00 a.m.
Sat 3	Big Lunch Hemswell Cliff Green	12:00 p.m.
Tues 6	St Chads Church, Dunholme	10:00 a.m.
Sat 10	Welton Methodist Church	10:30 a.m.
Sun 11	Uncle Henry's Grayingham	10:00 a.m.
Tues 13	Barnes Wallis RAF Scampton	10:00 a.m.
Thurs 22	St Mary's Church, Welton	10:30 a.m.
Wed 28	Glenthams Village Hall	10:00 a.m.

Please be aware: On occasions there may be non-attendance due to unforeseen circumstances and unavoidable occurrences. Please accept our apologies should this happen.

To report a crime, please **call 101**. If it is **urgent**, please **call 999**. If you would like to pass information anonymously, please call **Crime Stoppers on 0800 555 111**.



**CONTACT
THE ELDERLY**

Be Our Guest!

**Do you live alone and find it difficult to
get out and about?**

If so, a change of scenery and regular afternoons of conversation and laughter with friends of all ages could be just what you need.



Company, conversation and a cuppa

Contact the Elderly arrange local afternoon tea parties for people aged 75 or over across England, Scotland and Wales.

One Sunday afternoon a month, each group meets for tea, cake and company. Our hosts take it in turns to welcome you into their home for a couple of hours, and our drivers accompany you to the tea party and make sure you get home safely. This service is free – all you have to bring is yourself!

If you would like to talk to someone about coming along please call our Freephone number **0800 716 543**

Alternatively you can visit our website www.contact-the-elderly.org.uk or email us at guest@contact-the-elderly.org.uk



Contact the Elderly is a registered charity in England and Wales (1146146) and in Scotland (SC020577). Company Number (01869146)

WELTON PATIENT AND DOCTORS ASSOCIATION

Can I start with a huge thank you to all those who supported our spring lunch on 28th April? I have received some excellent feedback despite the fact that, due to wrestling with an unfamiliar kitchen and a few other hiccups, we were a few minutes late serving the food. The cake stall and raffle proved extremely popular. We sold a few plants, cards and books and the quiz, despite some answers being somewhat controversial, proved popular and got everyone talking! Total proceeds for PDA funds after deduction of expenses was a magnificent £728. Thank you to all the helpers especially those who stood in at the last minute, to those who donated raffle prizes and cakes and to Kedgere of Welton who donated and rumbled the potatoes for us.

The weather for the May Day event on Welton Village Green was somewhat kinder than last year. Our plant sale raised a further £329 and money is still coming in from late sales. Again our thanks to those who donated plants for sale, those who came along to say hello and buy from our stall and all who helped on the day.

Further items have been offered for sale on eBay and I should have an up to date figure for sales next month. Please keep the items coming.

Our next event is the Autumn Fayre to be held in Welton Village Hall on Saturday 21st October. Details of table hire will be in the July magazine. We are now collecting bric-a-brac, books and tombola items ready for October so if anyone needs anything collecting, please give me a call.

Finally you will see that I have included below the date for the sale of tickets for the Christmas lunch. This is usually more popular than the spring lunch and for that we sold 94 tickets. Need I say more?

Dates for your 2017 diary

Christmas Lunch Tickets on sale: 2nd October

Autumn Fayre: 21st October

Christmas Lunch: 8th December

If you require any further information on any of the above don't hesitate to give me a call (862570).

Janet Goddard

WELTON HEALTH CENTRE NEWS

DISPENSARY - Just a reminder that the Dispensary staff need two working days to process a request for repeat prescriptions please. Therefore, if a request is left on the answerphone or email on a Friday evening, these will be available on Tuesday evening.

If there is an item that you do not usually have on repeat, the staff may need to ask the GP's permission to add this to your records and if the GP says you need to book an appointment then the Dispensary staff must adhere to this. Please do not ask them to overrule the GP's decision.

DNA's - In March, patients did not attend for 34 appointments with the doctors and 67 appointments with the nurses, almost 17 hours of clinical time was lost due to patients not attending for their appointments. Please try to remember appointments or cancel with us if they are no longer required.

If you would like to be able to receive booking confirmations and text message reminders for appointments, please see Reception to sign up for this.

SAMPLES - Whenever possible, please could we request that patients telephone the surgery between 2pm and 4pm for test results.

EAR SYRINGING - In April, a decision was taken to halt the ear syringing service at Welton Family Health Centre. This decision was not taken lightly. Ear syringing is part of a range of unfunded services which some general practitioners have chosen to offer to patients over the years in addition to their core medical services. Due to the severe pressure currently on general practices, many have been forced to review what services they offer in the interest of safety, and as a result the decision was taken locally to withdraw this service.

Having received several complaints, which we completely appreciate and understand, we re-discussed the issue. As a result we have decided to continue with the ear syringing service but on a limited basis. We will allocate a finite number of appointments each week with the Healthcare Assistant and once these have been filled we will operate a waiting list system. We do, however, anticipate this will still provide a much quicker service to patients overall.

We appreciate all patient feedback on this topic and feel happy that we are able to listen to the relevant concerns and respond accordingly.

STAFF TRAINING - The surgery will be closed from 1pm on Tuesday 20th June until 8am on Wednesday 21st June for staff training.

Nadina Prestedge

COMING to
The Broadbent Theatre, Wickenby LN3 5AW
 Book Tickets at: www.broadbenttheatre.org
 or call 0300 400 101

All Tickets - £10.00 full, £9.00 concessions*
 Doors & Bar open at 7.00pm

.....
MJs Productions

Present

“69 Shades of Beige”

Written and Directed by Matt Sargent

This fast-moving play focuses on the choices a young man can make during a life changing, coming of age trip to the Costa Del Muuff. We see the possible outcomes on him, his geeky companion and his Mum who has trusted him with a pocketful of Euros and 2 weeks of sangria. This versatile cast play a whole host of characters and if anything like their previous outing will leave the audience mesmerised by their abilities and more importantly giving them a laugh about life. Everyone will see a little bit of themselves in this production and although mainly a comedy there are moments of poignancy within the story.

Saturday 10th June

Lindsey Rural Players

present

“The Regina Monologues”

**By Rebecca Russell & Jenny Wafer
 and**

“Theatrical Digs”

by Jean McConnell

With kind permission of **Samuel French**

"The Regina Monologues" Contains Adult Themes 18yrs+

"Divorced, beheaded, died, divorced, beheaded, survived ..."

Here we have six modern women who have also married one man. Their lives are both separate from and intertwined with their Tudor sisters, they tell their stories from a room in which they all once lived. Their miscarriages, love affairs, betrayal - are portrayed with humour and pathos. And a great deal of wine

Interpolated songs by "Just Voices @ Broadbent Theatre"

"Theatrical Digs"

A farcical battle of wits, work, agents and mobile phones between a glamorous, conceited actress and an eccentric older performer.

Friday June 30th & Saturday July 1st

**While every effort is made to ensure listings are both accurate and up-to-date,
 you should always confirm with the venue before attending an event.**

*Concessions: OAPs, Students, under 16s, the unwaged, members of LRP

**The latest time for entries to the July 2017 Signpost
 Thursday the 15th of June at 6:00 p.m.**

BISHOP NORTON WEDNESDAY LUNCHES

Two course home cooked meals with tea or coffee served in the village hall at 12 Noon
£5.00 PER PERSON

14th June, 12th July and 9th August

EVERYONE WELCOME!

Please ring at least two days before to book your place

Carol 01673 818514 or Karen 01673 818798

THANK YOU

BISHOP NORTON WEDNESDAY LUNCHES

Bishop Norton lunches started in 2007. The aim was to provide a home cooked two course meal and create a regular income to raise funds for the village hall.

The first lunch was attended by fifteen people. This number has increased & we currently have approximately thirty two people regularly attending. Santa visits each Christmas with presents for everybody. We celebrated our 100th lunch in August 2015 & have just celebrated our 10th anniversary this week.

The village hall committee would like to thank everyone who has supported this event & all the kitchen crew past & present; Carol Barbour, Chris Lee, Karen Flear, Viv Hallam, Sue Ayres, Ann Drury, Chris Guise & Cheryl Thompson.



Bishop Norton Village Hall Social & Games Night

Saturday 8th July 7:30 pm

We are holding a games & social evening with Ploughman's supper.
Come along & join us, to either play games or just enjoy a chat with friends.

Bring your own drinks

Please ring to book your place so we can arrange the correct catering:

Karen 818798 or Mick 818135

THANK YOU

RACE NIGHT

Bishop Norton village hall committee would like to thank all its sponsors and everyone attending its recent Race Night. We raised £434 towards village hall funds. A good fun night was enjoyed by all present.

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STEVE 01673 866291**

Alzheimer's Society is the UK's leading support & research charity for people with dementia, their families & carers. In Lincolnshire we offer the following services, for more information please call 01522 692681 or email lincoln@alzheimers.org.uk :

- A Dementia Family Support Service that supports both the person with a dementia diagnosis and their family. A team of specialist family support workers provide a range of information & advice on how to manage dementia, live well with the condition & live independently at home for as long as possible.
- Information programmes for carers of people with dementia. This takes place in a group environment & covers topics such as : What is dementia? Diagnosis; Financial Support; Coping Strategies; Communication Techniques and Next Steps.
- Side by Side - a service which helps people with dementia to do the things they love with the support of a volunteer. This extra support can make it easier for people with dementia, who might sometimes feel isolated or find it difficult to leave their homes, remain active & feel part of their local community
- Support Groups - Dementia Cafes and Singing for the Brain groups are held across the county - please see the below list for details of your nearest venue

Location / Venue	Type of Service	Day	Time
Market Rasen Festival Hall, Caistor Road, LN8 3HT	Dementia Café	2nd Friday of each month	10.00 - 12:00
Lincoln Bracebridge Community Centre, Maple Street, LN5 8QT	Dementia Café	1st, 3rd, 4th & 5th Friday of each month	10.00 - 12:00
Lincoln Holy Cross Church Hall Skellingthorpe Road, LN6 7RB	Singing for the Brain	2nd & 4th Monday	10.00 - 12:00
Gainsborough Marshall's Sports Club Community Hall Middlefield Lane, DN21 1UU	Singing for the Brain	2nd Thursday	1.30 - 3:30

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**The latest time for entries to the July 2017 Signpost
 Thursday the 15th of June at 6:00 p.m.**

Do you have 3-4 hours a month to help local baby bereavement Group?

"I found out that I had lost my baby just before Christmas. There are no words to describe the utter despair I felt."

Losing your much longed for baby late in pregnancy or soon after birth is the most awful trauma any parent can experience. A whole future is taken away from that family. Sadly this happens only too often. Currently 15 babies a day die in the weeks before or just after birth. Sands aims to care for those families with practical and emotional support for as long as they need it.

Members of Lincoln Sands (Stillbirth and neonatal death charity) support group are appealing to the local community to help them recruit new Committee members.

They need a new Chair, Treasurer and Befrienders.

The Chair is responsible to help the committee work together as a team, following the aims of Sands, arrange quarterly committee meetings and an AGM (Annual General Meeting), hold a casting vote, write letters on Group's behalf, liaising with their Network Coordinator and being a point of contact for the Group and being a representative for the Group.

The Treasurer keeps a record of the financial matters for the Group, and ensures all spending has receipts or invoices and are in accordance with the Sands' aims and guidelines.

Befrienders are also needed to provide support to anyone affected by the death of a baby over the phone and in person at group meetings. The new befrienders must successfully complete Sands' befriender training, and a minimum of a year must have passed since their baby died. Sands support groups are run on a voluntary basis by people many of whom have themselves experienced the death of a baby. However not all Committee members have to be bereaved parents. As long as you have an empathy and interest in our work we would urge you to get involved.

Dr Clea Harmer, Chief Executive of Sands, said, "I hope that the Lincoln group will find additional help as soon as possible, so the group can continue to provide support to bereaved parents and their families at a devastating time for them. I would urge anyone in the local area who could help to get in touch."

For further information on the roles or to find out more about the group contact Rose Abrehart, East Network Coordinator at Sands on 07707 480020 or email: rose.abrehart@uk-sands.org



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Anglian Water	08457 145145	Hibaldstow	01652 650580
British Rail	08457 484950	Market Rasen	01673 843556
Bus Enquiries	08456 050605	Test Results	01673 840256
Charities		Dispensary	01673 840254
Age Concern	01507 524798	Welton	01673 862232
Help the Aged	0808 8006565		
Royal British Legion	01673 860363	Environment Agency	0800 807060
Samaritans	08457 909090		
Alzheimer's Society	01522 692681	Hospitals	
WL Dementia Support	01427 613033	Lincoln	01522 512512
County & District Councils		Gainsborough	01427 816500
LCC	01522 782070	Louth	01507 600100
WLDC	01427 676676		
		Market Rasen Mail	01673 844644
Crimestoppers	0800 555111	NHS Direct	08 45 46 47

If you have news, event, an article or a story you feel would be of interest to other readers, please contact Steve, the editor. His telephone number is on the contacts page towards the back of this month's edition. Full details are on the Owmbly Group web site.

CONTRIBUTORS - PLEASE NOTE

Items submitted must contain the Village name or the Section for inclusion and must be legible. If possible, please type the entry. If emailing or sending a disk, send copy as plain text. If you have your own design, send as an A5 Microsoft Word, Microsoft Publisher, Adobe PDF or Serif PagePlus document and ensure it is fully editable. The editor reserves the right to not publish any submitted material if it does not meet with the above guidelines.

SIGNPOST ADVERTISING RATES

<u>Size</u>	<u>Per Issue</u>
1/6 A5 page (60 mm x 60 mm)	£6.00
1/3 A5 page (60 mm x 122 mm)	£12.00
2/3 A5 page (122 mm x 122 mm)	£24.00
Full A5 page (122 mm x 184 mm)	£36.00

Registered Charities, please contact the editor for insertion policies.

Please note. Payment for adverts will be required prior to insertion. Please ensure you have submitted your ad requirements and payment BEFORE the month's deadline.

FLYER DELIVERY WITH SIGNPOST

Delivery of flyers with Signpost is £25.00.

Printed flyers must be delivered to our distributor by the 18th of the month.

LOCAL CONTACTS

Rural Dean	Revd Richard Crossland	01522 754752
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OWMBY GROUP MINISTRY TEAM

Contacts for ministry matters e.g. baptisms, weddings, service arrangements, home visits etc.
Email addresses can be found at <http://owmbygroup.co.uk/contacts.html>

Parish Priest	Revd Sally Turnbull	01673 862764
Local Priest	Revd Bill Williams	01522 730365
Local Priest	Revd Sue Deacon	01522 730167
Reader	John Beverley	01522 730752
Authorised Local Ministers	Anne Hunter - 01673 861276, Liz Harris - 01673 878829, Rosemary Cox - 01673 878258	

Pastoral Team: for home and hospital visits, visiting in bereavement, home communion and prayer please contact any of the above. Your call will be treated in confidence

For wedding enquires, funerals and all churchyard matters, such as reserving a grave space, grave headstones please contact the Deanery Administrator, Shirley Keyes on 01522 931075

CHURCHWARDENS

Glenthams	Pat Beat	01673 878260
	Robert Rowe	01673 878717
Hackthorn	William Cracroft-Eley	01673 860738
	Anne Ward	01673 861821
Owmby	Liz Harris	01673 878829
Saxby	Rosemary Cox	01673 878258
Spridlington	Claire Marris	01673 861127
	Paul Crossland	01673 861624

GLENTHAM METHODIST CONTACTS

Minister	Rev Anne Coates	01673 843362
Senior Steward	Trevor Faulkner	01673 818718
Steward	Peter Atkinson	01673 878806

VILLAGE HALLS - BOOKING & INFORMATION

Glenthams	Vanessa Smith	01673 878816
Hackthorn	Bonnie Burzynska-Burrin	01673 860920
Normanby-by-Spital	Caroline Vernall or Lynda Watson	01673 878216
Spridlington	Jo Howard	01673 862015

PARISH COUNCIL CLERKS

Glenthams	Jo Trotter	01673 838690
Normanby	Nadine Fox	01673 878148
Owmby	Charlotte Wright	01673 838151
Spridlington / Hackthorn	Maria Wass	01673 861847

SIGNPOST TEAM

Editor & Advertising Manager	Steve Harvey	07835 429439
Treasurer	John Fox	01673 878148
Distribution	Susan Catignani	01472 852814

What's On Guide

Day / Date		Time	Function	Venue
Thurs	1	10:30 a.m.	Ss Peter & Paul Coffee Morning	Cliff House, Owmbly
Thurs	1	7:30 p.m.	Owmbly & Normanby WI	Normanby School
Sun	4	10:00 a.m.	Litter Pick	Owmbly Church
Tues	6	2:00 p.m.	Knit & Knatter	Glenthams Village Hall
Tues	6	7:30 p.m.	Glenthams & Caenby Tapestry Group	Trap House, Glenthams
Wed	7	10:00 a.m.	Glenthams Village Hall Coffee Morning	Glenthams Village Hall
Thurs	8	7:00 p.m.	Presence Prayer & Bible Study Group	Tilsit, Glenthams
Fri	9	7:30 p.m.	Hackthorn Village Hall AGM	Hackthorn Village Hall
Sat	10	9:00 a.m.	Men's Breakfast	The Crown, Glenthams
Mon	12	2:00 p.m.	Glenthams 55+ Club	Glenthams Village Hall
Wed	14	10:00 a.m.	Glenthams Village Hall Coffee Morning	Glenthams Village Hall

The latest time for entries to the July 2017 Signpost is Thursday the 15th of June at 6:00 p.m.

Thurs	15	7:30 p.m.	Rose Bowl Quiz	Glenthams Village Hall
Sat	17	9:30 a.m.	Sugar & Spice	The Willows, Glenthams
Tues	20	10:30 a.m.	St Peter's Guild Coffee Morning	Sarah's Cottage, Glenthams
Tues	20	2:00 p.m.	Knit & Knatter	Glenthams Village Hall
Wed	21	10:00 a.m.	Glenthams Village Hall Coffee Morning	Glenthams Village Hall
Wed	21	7:00 p.m.	Glenthams Village Hall AGM	Glenthams Village Hall
Wed	28	10:00 a.m.	Glenthams Village Hall Coffee Morning	Glenthams Village Hall

If you have a "stop press" news item or have missed the deadline, but want to tell others about your event, you can have it put into the "Local Info" category in the news section of the website. Send an email to steve@owmblygroup.co.uk with all the details.