

# SIGNPOST

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Volume 16  
Issue 4

The Owmbly Group of Parishes Magazine

July 2007

## BBQ Time?



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Lincoln, LN2 3PF. Tel/Fax 01673 860856  
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Glenthams, Market Rasen. LN8 2EN. Tel: 01673 878547  
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Market Rasen. LN8 2HS. Tel: 01673 878383  
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#### Churchwardens

<b>Glenthams</b>	Robert Rowe	878717	Pat Beat	878260
<b>Owmby</b>	Sally Mundy	878052	Carole Roberts	878741
<b>Saxby</b>	Tina Harrison	878551	Chris Neave	878820
<b>Spredlington</b>	Sally Turnbull	862764	Anne Hunter	863196
<b>Hackthorn</b>	William Cracroft-Eley	860738	Cathy Andrews	861058

#### County Councillors:

Welton Rural Ward	Roger Hiscox	01673 860047
	Email: cllrr.hiscox@lincolnshire.gov.uk	
Ancholme Cliff Ward	Lewis Strange	01652 628448
	Email: Cllrc.strange@lincolnshire.gov.uk	

#### District Councillors:

Waddingham & Spital Ward	Jeff Summers	01673 878600
	Email: jsummers@countrywidefarmers.co.uk	
Welton Ward	Roger Hiscox	01673 860047
	Malcolm Parish	01673 861118

#### Parish Council Clerks

Glenthams	Diane Millward	01427 628417	bob_dimillward@yahoo.co.uk
Normanby	Nadine Fox	01673 878148	nadine@sdfos.fsnet.co.uk
Owmby	Shirley Sanderson	01673 843324	sanderson@madasafish.com
Spredlington	Maria Wass	01673 861847	maria@wass-net.freemove.co.uk
Hackthorn	Maria Wass	01673 861847	maria@wass-net.freemove.co.uk

## POST OFFICE OPENING TIMES

<b>GLENTHAM</b>	Mon, Tues, Thurs, Fri	9.00 a.m. - 5.30 p.m.
	Wed & Sat	9.00 a.m. - 1.00 p.m.
<b>NORMANBY</b>	Mon to Thurs	9.00 a.m. - 1.00 p.m.
	Fri & Sat	9.00 a.m. - 12.30 p.m.
<b>HACKTHORN</b>	Mon & Wed	9.00 a.m. - 1.00 p.m.
	Thurs & Fri	1.00 p.m. - 5.00 p.m.

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Hackthorn	Cathy Andrews	861058	

## CONTRIBUTORS - PLEASE NOTE

Items submitted must contain Village or Section for inclusion and must be legible. If possible type the entry. If emailing or sending a disk please send copy as an A5 MS Word, Adobe PDF or Serif PagePlus Document and ensure it is fully editable.

**Flyers.** Delivery of flyers is £10 with Signpost..

**Adverts.** Minimum charge for line advertisements is £4.00 and boxed advertisements per month is £7.50. (122 mm x 60 mm box)

**Please Note.** Payment for line and boxed adverts will be required prior to insertion due to non-payment in previous editions of the magazine.

## VILLAGE HALLS - BOOKING &amp; INFORMATION

Glentham	Colin Rainer	878733	colin@owmblygroup.co.uk
Normanby-by-Spital	Sharon Lyons	878216	
Spridlington	Jo Howard	862015	jojo_uk@yahoo.co.uk
Hackthorn	Cathy Andrews	861058	

## GLENTHAM SKIPS &amp; RECYCLING

The Skip at Glentham Village Hall has been discontinued, please take your rubbish to the recognized sites. The Recycling bins are available at the rear of the Hall.



## NEED HELP?



Just ring Springline Good Neighbours

**Tel: 07724 626 719**

Or email **springline\_neighbours@yahoo.co.uk**

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Could you spare us a little time as a volunteer, or give us support as a member.

SGNS is a Reg. Charity- No. 1115048 and is supported by Healthy Communities.

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British Rail,	08457 484950	J Marshall	01673 843725
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Chemist, Boots	01673 843336		
Citizens Advice Bureau	08444 994199	Hospitals	
		Lincoln	01522 532222
Churches - Market Rasen		Gainsborough	01427 816500
Catholic Church	01673 842455	Louth	01507 600100
Methodist Church	01673 849222		
New Life Church	01673 849951	Help the Aged	0808 8006565
Salvation Army	01673 842785		
		Market Rasen Mail	01673 844644
County & District Councils			
LCC	01522 783060	Police	
WLDC	01427 615411	Lincoln	01522 882222
		Market Rasen	01673 810910
Doctors,		Gainsborough	01427 810910
Ingham	01522 730269	Welton	01673 860222
Hibaldstow	01652 650580		
Market Rasen	01673843556	Post Offices	
Welton	09444 773072	Glenthams	01763 878474
NHS Direct	0845 4647	Normanby	01673 878353
		Hackthorn	01673 866389

Have you visited our Owmbly Group Web site yet at:

[Http://www.owmblygroup.co.uk](http://www.owmblygroup.co.uk)

Signpost on-line

<http://www.signpost.owmblygroup.co.uk>

### **A CRY FOR HELP FROM SPRINGLINE GOOD NEIGHBOURS**

The scheme is working so well, that we need to recruit ***more volunteers!!*** Denise, our co-ordinator, at Owmbly, is the link between the volunteers and those requesting help. We need to set up a ***relief rota*** of several volunteers to lessen her workload.

What does this involve?

- Receiving calls on our mobile phone, then phoning round for a volunteer carry out the task, noting down the details.
- Checking the phone messages morning and evening.
- We would like to hear from anybody who could help for an occasional week or even a few days at a time.

Anybody interested in becoming a volunteer (especially for giving lifts) or joining our relief rota, please telephone - **07724 62 67 19**



## Pilates coaching

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Rebecca Downes trained professionally as a ballet dancer and has since studied to teach pilates. For details of classes contact me on 01673 878 433 / 0771 049 3646 or through my web site. [www.bodiesinbalance.org.uk](http://www.bodiesinbalance.org.uk)

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## Do I Catch Your Eye?

By the Rector's wife

Peter is Type One and I am Type Four. Not on the Richter scale but on the Enneagram Personality Types. Type One needs to be perfect but don't succeed and never can, Type Four needs to be special and a bit different. (Fours are often attracted to Ones.)

Fours are easy to recognise, they have a tendency to wear odd clothes. They prefer to buy their clothes in a second hand shop rather than off the rack. They would be mortified to have to settle for cheap mass produced stuff that others wear. Hence I work in a charity shop and live up to my middle name of 'Secondhand Rose!' France is my symbolic country refusing to be like other countries and one of my symbolic animals is a dove. That's definitely me cooing and complaining all over the place.

Nobody notices the seventh child in a family of eight (the worst possible place to be in the pecking order) which has made me strive all my life to be noticed – to have a voice.

My elder siblings went to a small independent school. When it came to choosing a secondary school for me, a new comprehensive school had conveniently opened at the end of the road with a brand new sports track. It was extremely sports orientated. I remember aged 14, 4ft 3 approx (still in a vest) tackling the high jump and receiving comments like "isn't she good for her height!"

Didn't anyone realise I was an Emma Kirkby in the making, not Navratilova!!!!

Upon marrying a vicar I immediately lost my identity. My name was no longer Alison it was "the vicar's wife!" You may have gathered that I am not the archetypal vicar's wife. I haven't once felt the need to kit myself with a tweed skirt, wear my hair in a bun and bake scones all day for coffee mornings/country markets etc. Je deteste vicar's tea parties – invite me to a gin party and I'll be there!

In church, others are sitting on the vicar's every word whilst on his pedestal I am dreaming of hats, coats and shoes!!!!

I came back from a trip to Meadowhall with a friend after having had my hair dyed red for a dare. Peter said it looked like a pair of curtains and wouldn't speak to me for at least a week! Mission accomplished. No 8 on the Richter scale.

When I sing however, I truly find myself. I find my voice. I feel special. It is where I am meant to be, my passion in life. A quote from St Augustine rings true:-

You sing, of course you sing,

I can hear you.

But make sure that your life sings the same tune as your mouth.

Sing with your lives

The singer himself is the song.

Whatever is your passion in life, do you live by it?

Next month it is goodbye from me and hello from Pierre le Vic.

*Alison*

PS Top tip – don't marry a vicar unless the teapot is not in sight but the gin bottle is firmly in view

PPS Please don't anyone tell the vicar about my speeding fine on Bunker's Hill

PPPS Back to the sink drudgery and chores once again, dreaming of having my own column one day! I know that God blesses my kitchen but I also know full well that he doesn't clean it!!

PPPPS Peter isn't the only one wearing socks and sandals in France!

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## SUNDAY SCHOOL.

Every second Sunday, 11.00 to 12.00 In Owmbly Parish Church. Children from 4 years old. Parents are welcome to stay with their children if they wish.

## OWMBY GROUP HYMN PRACTICE!

Do you want to thoroughly enjoy singing our hymns each Sunday? Do you want to get the most out of your voice? If so, please join us at **St Hilary's Church, Spridlington** on **Sunday July 1 at 6pm** to practise/learn/enjoy the hymns for the month and beyond. We would like everyone who attends services at any of our Churches in the Owmbly Group to try and come along. The more the merrier!

### **Donations & Pots**

Glentham Post Office  
Normanby Post Office

£9.30  
£12.00

Hackthorn PO

£4.71

**THANK YOU ALL FOR YOUR GENEROSITY**

**Deadline for August Signpost  
Sunday 15th July 6.00 p.m.**



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# POWERHOUSE



*PRAYER IS THE FUEL THAT POWERS  
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AND FAITH MOVES MOUNTAINS*

The five parishes' combined prayer groups will meet at 7.30 p.m. on Monday  
9th July at the home of Angela O'Hare.  
Highfield End, Highfield Terrace, Glenthams

## THE FOCUS FOR OUR PRAYERS THIS MONTH

Please pray for those taking exams at this time. With the approach of the holiday season pray that holiday makers will be nourished and return home safely. Pray for our communities, that we keep a neighbourly eye on those who are more vulnerable.

PLEASE JOIN YOUR PRAYERS WITH US DAILY THROUGHOUT THIS MONTH.  
YOU ARE VERY WELCOME TO JOIN US AT OUR WEEKLY VILLAGE PRAYER  
MEETINGS AND IN OUR MONTHLY GROUP MEETING.

For information on your local prayer group please contact the Rector or local Churchwardens

## Mobile Library Service

VILLAGE	STOP	DAY	DATE	TIME
Glenthams	Village Hall	Tue	3rd & 17th July	9.10 - 9.20
Spridlington	Church	Tue	10th & 24th July	9.10 - 9.20
Normanby	Bottle & Glass Council Houses	Fri	13th & 27th July	13.00-13.40 13.45-14.05
Hackthorn	School	Fri	13th & 27th July	14.25 - 15.10

We are experiencing problems with the library times as the LCC web site are publishing the incorrect information. Please check with the library for up to date times.

## Owinby & Normanby

### NORMANBY-BY-SPITAL PARISH COUNCIL NEWS

All Councillors were present along with Jeff Summers and Lewis Strange at the meeting held on 16th May. No members of the public attended.

The Highways Department are constantly being reminded to replace the missing signs, sort out the ponding areas (mainly outside the old Post Office), lower kerbs and improve the badly resurfaced area along Main Street. A Speed Indicating Device (SID) has been applied for, a new notice board will be ordered and the Housing Needs Survey will have been delivered, filled in and collecting by the time you read this.

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need for your  
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The on going problem of Footpath No 3 could eventually lead to a Public Enquiry if the matter can not be resolved between villagers and the Legal Department of Lincolnshire County Council.

The next meeting has been called for Wednesday 8th August.

Nadine Fox  
(Clerk)

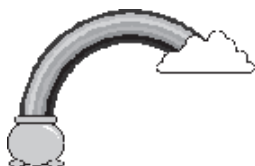
### **GARDEN PARTY**

The (ex Monday Club) Garden Party will be held on Monday 16th July at 2.30pm. The location will be Graber House, Field Lane, Normanby-by-Spital and all are welcome to attend. Please note that if it is raining, this event will be cancelled - just ring 01673 878148 to make sure.

Nadine Fox.

### **WHIST DRIVE**

The next Whist Drive will be held on Wednesday 25th July at the home of Don and Jean Cowperthwaite.

	<h2><b>RAINBOW FELLOWSHIP</b></h2>
	<p>Monday 2nd July at 2.00p.m. Doram, Chapel Lane, Normanby</p>
	<p>Eileen Barton-Smith has kindly offered to answer all our estions concerning her past work in rescuing stray animals. <b>NEW MEMBERS WELCOME</b></p>

OWMBY CHURCH MONTHLY DRAW MAY 2007		
1st	2nd	3rd
Graham Harrison	Carole Roberts	Colin Mawer

### **OWMBY PARISH COUNCIL.**

Notes from the last meeting which was the Annual Parish meeting held on the 21st May 2007.

Present : Cllrs G. D. Crompton-Howe (Chairman); Mrs J.M. Buckley, D.J. Mellor; Mrs D Leah. The Clerk & 6 Members of the Public

Apologies : Cllr I Strange.

The Chairman summarised the work of the Parish Council over the past year which included the memorial restoration and the book "They went to war" as well as various surfacing and drainage works. He thanked Avril Harrison who was standing down again as a Parish Councillor and welcomed Mag's Parry who was picking up the reins from Avril.



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## PUBLIC PARTICIPATION

1. A complaint was made about the state of the footpath on Fen Road in front of the council houses to Carters Corner.
2. The Black and White finger posts need replacing on Pump Hill.
3. Village name plate still not replaced on Spridlington Road.

(Chairman has already been onto the Highways about the above and is awaiting a site visit)

4. Ivy overhanging the footpath outside the empty rectory, this has now been cleared.
5. Several complaints about dog fouling particularly in Church Lane where owners appear to let their dogs out at night to do what comes natural where ever. Villagers are asked to report any such behaviour, the dog warden has offered to collect any dog found wandering on its own. Dogs should be kept on a lead when outside your property.
6. Also a complaint that many drivers, some of whom were local, were persistently breaking the speed limit through the village.

NB. Road Safety Partnership is going to train a parishioner with a speed gun so numbers of speeding cars can be reported to the police for warnings to be given.

***Remember if you see any cars persistently speeding or causing a nuisance use the Police information Box in the post office they are using it and it is working.***

***The same goes for any anti social behaviour the police community support officer is only too pleased to have a word.***

***Use it or lose it!***

**Parish Council Meeting.** Held after the Annual Meeting.

Election of Officers was conducted and the results were:-

GD Crompton-Howe Chairman

Danny Mellor Vice Chairman

Mrs MW Parry was formally co opted on to the PC.

Finance balance in the account £2,362.11

Annual audit approved and signed. By Avril Harrison.

AOB.

New village notice board to be ordered with the aid of a grant from West Lindsey and Cllr J Summers. Resolved that it is to be made from "Oak".

Affordable housing survey the PC agreed to pay £20 towards the survey.

Planning applications granted for the Barn Conversion on Fen Road (past Kitchens) and an extension on Church Lane.

Meeting closed at 9.45pm.

Councillors are always glad to receive constructive comments on village life / facilities so please come to the meetings or phone.

Chairman OPC Graham Crompton-Howe Tel 878 386.

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Owmby & Normanby

# Country Market

Saturday 14<sup>th</sup> July

2.30p.m.

Cliff House

Owmby-by-Spital

(By kind invitation of Mrs Carole Roberts)



*Raffle*

*Tombola*

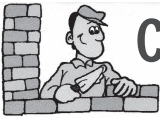
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*Bottles & Tins*

*Competitions etc*

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**All Welcome**



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# Glenthams & Caenby

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## Report from Glenthams Parish Council

Matters discussed at the Parish Council meeting held on 14th June included:

Grasscutting – it was agreed to contact LCC with a view to taking over all village grounds maintenance. Highways are to be asked for a new sign for Little Hill and refurbishment of Bishop Norton Road sign.

A631 – Chairman, Cllr G Wiseman and Cllr Mrs D Wiseman are to attend a Road Safety Partnership meeting.

Playground surface – Grants are being sought for resurfacing.

Clocking winding mechanism – Cllr J Summers and Clerk are still seeking funding. It was agreed to write to the PCC asking if they could obtain a grant and offering match funding from the Parish Council.

Lane from Highfield Terrace to A631 Concern was raised regarding this area.

Steering Group Cllr G Fox thanked all those who had helped with the recent Hog Roast and said that there were numerous activities booked for the summer.

Finance – In hand £14971.31.

Date of Next Meeting – Thursday 12th July 2007 in The Village Hall at 7.30pm.

*For full report please see Notice Boards.*

## **GLENTHAM PARISH PLAN**

Thank you to those who turned up to the Hog Roast on 2nd June – the pork (and the crackling) was delicious. Your comments and answers to the questions were very helpful and, in some cases, surprising. This will help the Steering Group put together a more meaningful questionnaire which will be circulated to all households in the autumn. It is a shame that more people did not turn up – we had enough food to feed at least another 50 people.

There seem to be a few misconceptions about the Parish Plan. The Steering Group is an independent body of local volunteers (although it is a requirement that the finances are administered through the Parish Council). The Group's purpose is to seek the views of the people of Glenthams about the future of the parish. We are required to try to reach every household in the parish and that is why we are holding free events targetted at different age groups to ensure that everyone can have their say. It is funded by a grant of £3,000 from Community Lincs (formerly the Community Council of Lincolnshire), £250 from Glenthams Parish Council and £100 through the Group's own fundraising activities. The grant from Community Lincs came from a pot of money set aside for the purpose of producing Parish Plans. This money could not be used for any other purpose, such as funding for the Village Hall. If Glenthams did not have the money for the Parish Plan then it would have been lost to another parish in Lincolnshire. The Steering Group is, however, making every effort to spend the funding locally so that it is ploughed back into the local community – through hiring the Village Hall for events and using local businesses to supply goods and services.

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The next event will be a barbecue for 12 to 18-year-olds at the Crown Inn on Saturday 7th July. This will be by invitation only. If you are between the ages of 12 and 18 and haven't received a personal invitation by the end of June, please contact Charmian in the Village Store.

### **GLENTHAM VILLAGE HALL EVENTS**

#### **John Ivory Talk**

Thanks again to John Ivory for giving one of his interesting and informative talks; this time on Chartres Cathedral. On this occasion the event raised £73 for Village Hall funds. Also apologies to John because the talk was given in April but this acknowledgement was inadvertently missed from the May issue of Signpost.

#### **Keep Fit**

A new Keep Fit class started from 2 -3.00 pm every Wednesday, please come along if you are interested. We are aware that a lot of people would prefer an evening, and we are still looking for an instructor. If anyone knows of someone, please contact Colin Rainer for the hall availability, tel. 878733. Thank you

#### **Talk on Biodiesel**

A big thank you to Peter Smith who gave an informative and entertaining talk, explaining how biodiesel is made from oilseed crops. Peter described the reasons why the government is supporting this new industry which gives benefits not only for the environment but also to the rural economy.

The talk was followed by a cheese and wine supper, and raised over £70 for village hall funds.

Future events .....Sept, Oct, look in your next signpost for details.

### **GLENTHAM & CAENBY TAPESTRY GROUP**

The next meeting of the club will be on Tuesday 3rd July at the Trap House, Glenthams at 7.30p.m. Members old and new will be very welcome.

### **SIGNPOST DELIVERY**

Mr Jack Beat has finally called it a day on delivering the Signpost in the centre of Glenthams. We would like to take the opportunity to thank Jack ( & Pat) for their assistance over the past 16 years from the inception of the magazine. I am sure many people will miss Jacks' friendly smile and banter whilst on his delivery round.

We are very fortunate insomuch that Peter and Jennie Atkinson of Bishop Norton Road have very kindly offered to continue delivering to this area of Glenthams. We are very grateful to Peter and Jennie for taking over this task, at the same time we would also like to thank all the volunteers who produce and distribute the 770 Signposts through the Owmbay Group of Parishes. Many thanks.

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**Sat. 8.30 am - 2.00 p.m.**

We respectfully request a minimum of 24 hrs notice for any  
cancellation otherwise a charge for loss of session may be incurred

### 55+ CLUB

The cub will next meet on 9th July at 2.00p.m. in Glenthams Village Hall. We are open to every one over the age of 55 in the Signpost area and you can be sure of a warm welcome.

### GLENTHAM AND DISTRICT GARDENERS CLUB



The June meeting took the form of a visit to members' gardens in Bishop Norton and Snitterby. A very pleasant evening was spent admiring the well laid out gardens, borrowing ideas, in some cases showing off our knowledge! Seeing old plants laid out in a different setting and discovering new species. The event culminated with refreshments in the garden of Trevor & Janet Faulkener, many thanks to all the

members concerned.

Summer is here again and the annual party will take place at Glenthams Village Hall on Tuesday 10th July at 7.30.p.m. Forms are being distributed at present, please return them to Nora Skipper by 3rd July at the latest.

### Garden Tip

#### Keep Clematis Moist

Clematis grow best in moisture retentive soils and if we get another very dry, hot spell like last year plants may suffer. Some clematis have already struggled this spring, probably as a result of last years drought and a wet winter. To help your plants stay healthy and growing through the summer, give them a thorough watering and then mulch with a thick layer of garden compost or well rotted manure. This seals in moisture and creates cooler growing conditions for the roots.

Glenthams Village Hall

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# **Hackthorn & Cold Hanworth**

## **HACKTHORN & COLD HANWORTH PARISH COUNCIL**

The Annual Meeting of the Parish Council took place in May, where Councillor Child was re-elected as Chair. The Council welcomed Mrs R Orłowska to the meeting who was then co-opted onto the Council. Matters discussed included:

- a) **Dog fouling** – the dog warden has been and looked around the village. Signs have been put up and the situation will continue to be monitored.
- b) **Litter pick** – it was agreed that this was a very successful evening. The Council thanked everyone that turned out to help to fill the fifteen bags full of rubbish.
- c) **Neighbourhood Watch Scheme** - It was decided that a meeting should be arranged to give everyone information about the scheme.
- d) **Policing matters** – theft of copper has been reported on Farmwatch. Please could everyone be vigilant and report anything suspicious.
- e) **Speeding in the village** – a polite request - please could everyone take note of their speed, especially at this time of the year, with the children out playing. This request also goes out to the tractor drivers who will soon be driving through with their loads. Thank you.
- f) **Date of next meeting** – 5th July 2007 at 7.30pm in Hackthorn Village Hall.

Maria Wass

## **HACKTHORN C.OF.E PRIMARY SCHOOL**

The whole school was overjoyed to find that the OFSTED inspector had decided that “This exceptional school provides its pupils with an excellent education and helps them to thrive personally and socially”. Hackthorn School is now one of a very, very small number of schools who are judged to be ‘outstanding’ in all areas.

The report recognises the school’s ethos and supports our efforts to treat children as individuals with their own personalities and needs. As we like to say “Children are names and not numbers to be imprisoned in spreadsheet cells”.

Our year 5 pupils attended the technology festival at William Farr School, part of which involved a competition to make the best device to allow an egg to withstand being dropped from a height of 5m. They arrived with their parachute and protective cradle, which they had carefully constructed during the half-term holidays. Although the smallest team from the smallest school they were delighted to win the competition and return to school brandishing their trophies.

Key Stage 2 have been very busy in recent months with the design and making of a new school banner, which was very proudly displayed for the first time at the Church Schools’ Festival at Lincoln Cathedral.

Key Stage 1 invited next year’s reception intake to the traditional Teddy Bears’ Picnic, which, as well as being a great event for all concerned, helps everyone to get to know one another before the new school year begins in September.

Contact the school on 01673 860295 to arrange a visit, or to request a School Brochure.

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*Strawberry Teas*

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## **Spridlington**

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### **SPRIDLINGTON VILLAGE HALL EASTER EGGSTRAVAGANZA**

Kath would like to thank everyone who gave their time, and contributed towards the Easter Eggstravaganza for the children, who thoroughly enjoyed the afternoon. The hats they made were splendid, the egg painting and card making were also very good, and everyone enjoyed the Easter egg and Chick hunt. Thanks go to Richard Mumby for his donation of trays of eggs. Also thank you to Susan and Mo for making cakes and doing the refreshments, which went down very well. Special thanks to Tracey, Joanna and Sharon for all their help and for looking after the children and making this a fun time for all of them,

The sum of £37 was made towards the village hall funds. Many thanks again,  
KATHLEEN HARD WICK & SPRIDLINGTON VILLAGE HALL COMMITTEE

### **SPRIDLINGTON VILLAGE HALL**

The Village Hall Committee has submitted an application for a new toilet block extension adjoining the village hall, incorporating disabled access and two toilets to the Big Lottery Reaching Communities Fund, as per the plans which were on display in the main hall. They have received the application and have informed us



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that we will hear the outcome within three to four months, as they have received 6,000 outline proposals, and the current success rate is less than 25%. We do, however, hope that we meet with success this time! Joey Howard, Secretary, Village Hall Committee.

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## COMMUNITY NEWS

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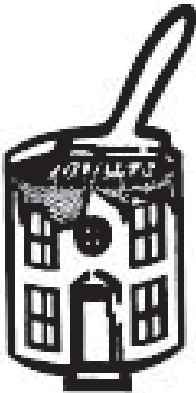


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GENERAL REMINDER- "Bogus Callers" There has been a case recently concerning a bogus caller, this time a water meter reader gaining access to a property causing a great deal of distress to the occupier. It has been said many time in this Police File, but it does no harm in repeating it again – DO NOT LET ANYONE INTO YOUR HOME UNLESS YOU ARE COMPLETELY SURE AND HAPPY WITH THEIR IDENTITY – Keep your door CLOSED and LOCKED if necessary. Call a relative, friend, neighbour or the Police to come to your home and check the person out. If the caller is genuine they will not mind a bit of delay and inconvenience. There have also been a number of callers offering a service, for example cleaning the drive, cutting trees etc, then charging an astronomic amount for what is a shabby job. DO NOT AGREE to accept any job offers that are made to you on your doorstep. Sadly, again these people target the elderly in our community.

Crime in your area: Theft Main St Hackthorn. 01/06 damage to vehicle Highgate Lane.

Reporting a Crime? Tel 01522 882222 Voicemail: non-urgent messages only please. CRIMESTOPPERS 0800 555 111

PC David Oakes – Community Beat Manager. Mobile 07939890771 (not 24hr)

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PCSO Matt Trafford. Mobile 07944776999 (not 24hr)

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PCSO Julie McFaul.

[julie.mcfaul@lincs.pnn.police.uk](mailto:julie.mcfaul@lincs.pnn.police.uk)

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We are hoping to develop a Practice website over the next few weeks and further details will be notified in forthcoming newsletters.

Reminder – we book one third of our surgeries two weeks in advance, one third 48hrs ahead and one third on the day. In addition there is a daily 'open access' surgery between 11.00 – 12 noon. Telephone consultations are bookable with all doctors each morning and appointments are also available for advanced booking and on the day with our Nurse Practitioner.

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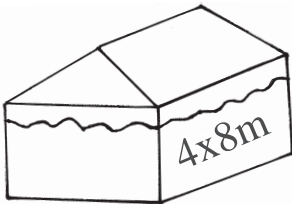
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Thank you to all who take the time to complete our Praise and Grumble forms in the reception area – we always welcome feedback and suggestions on our services.

Sallie Stead



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Dear Reader

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### MARKET RASEN SURGERY

#### SERVICES TO HELP LOCAL SMOKERS QUIT

We're expecting that lots of local smokers will want to quit when the no smoking law comes into force on 1 July 2007. Therefore, to make sure you know where to get help, Market Rasen Surgery and Boots would like to advise people in the Market Rasen area of the smoking cessation services provided in the town. Smoking cessation support is available at both the surgery and Boots as follows: If you're generally fit and healthy, pop into Boots at any time where you can make a 30 minute appointment with Eileen Fisher. Eileen is available for smoking cessation appointments on Fridays and Saturdays. If you have any health problems, make a 20 minute appointment with practice nurse Sue Morris at Market Rasen Surgery. If your health problems are more complex or serious, Sue or one of the GPs will refer you to Jill Cox, who is the local Phoenix level 3 smoking cessation advisor. Jill holds regular sessions at the surgery. If you're a new or expectant mum (or dad) and would like help in quitting, contact Liz Bunney, the surgery's attached health visitor, or ask your midwife to refer you to Liz. Wherever you seek help, Eileen, Sue, Liz and Jill are all fully trained and will help each person who wants to quit on a one-to-one basis using an individual approach. At the first consultation they will help you start to plan your 'quit' day as planning is the key to successful giving up. The smoking cessation advisors will offer support in the form of encouragement, tips and counselling and will give advice on which nicotine replacement therapies are best for you, or other

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## S O L I C I T O R S

**For expert legal advice on individual and commercial matters**

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methods of stopping smoking. They also have other useful devices such as a machine which shows how much carbon dioxide is in your lungs. A course of six appointments normally runs for 12 weeks. These services are available to all, including children aged 16-18 and all contact with healthcare professionals is confidential. Five important facts about smoking in the UK. More than 80% of smokers start smoking when they're teenagers. About half of all regular cigarette smokers will eventually be killed by their habit. People do give up - 20% of women and 28% of men are ex-smokers. Stopping smoking can make a big difference to your health - it is never too late to stop smoking to greatly benefit your health. For example, if you stop smoking in middle age, before having cancer or some other serious disease, you avoid most of the increased risk of death due to smoking. Polls show that people underestimate the health risks of smoking and the effects of passive smoking: breathing second-hand smoke increases the risk of heart disease, lung cancer and other conditions. For further information, please contact Bronya Glet, Practice Manager on 01673 840255 or by email: [bronyaglet@nhs.net](mailto:bronyaglet@nhs.net).

[www.ash.org.uk](http://www.ash.org.uk) Smoking – The Facts <http://www.patient.co.uk>

Market Rasen Surgery – Mill Road, Market Rasen, Lincolnshire, LN8 3BP.  
Telephone: 01673 843556 Fax: 01673 844388

### IMPISH QUILTERS.

Impish Quilters are a group of quilters and crafters that meet every second Thursday at Welton Village hall at 7.30pm.

A very enjoyable evening was spent with the Impish Quilters on Thursday 14 June. We were very lucky to have Yvonne Brown bring us her talk - Threads of Life, Yvonne has traveled the world and brought us the story of how she became such a prolific and recognized international textile artist. The many beautiful quilts Yvonne showed us were varied in style and technique and her latest productions were made using very interesting techniques that she described in detail, who would have thought


 THE ROYAL BRITISH  
LEGION

## Royal British Legion

### Evening Garden Fete

**Friday 6<sup>th</sup> July 2007**

**6.30 – 8.00**

**At Lea Cottage, Hackthorn**

**In Aid of Welton and District R.B.L.**

**Games Competitions**

**Tombola**

**Bowls**

**Raffle**

**Skee-ball etc**

**Cake Stall**

**Bean Box**

you would spend a great deal of time working on a piece, layering and sewing to them melt it with a soldering iron! Although this sounds strange and did raise a few eyebrow, the effect was stunning and we are all eager to see Yvonne at Birmingham in August where hopefully she will be demonstrating. Yvonne left us with a lot to think about and some renewed enthusiasm to try new techniques.

Impish Quilters are organizing a coach trip to the Festival of Quilts at Birmingham NEC on Thursday, August 16, open to non-members, the cost is £20 which includes entry, if you would like to come along please call Ann Hay on 862090 for more information.

Our Christmas in July (well almost) workshop in Hackthorn, is drawing near, you will be able to make a number of sewing and craft items with a Christmas theme, such as centerpieces, table runners, wall hangings, angel tree toppers, tree ornaments, wreaths and other Christmas decorations that Linda and Ros will be generously demonstrating for us. This event will be held on June 30, yes I know it's confusing! However, scheduling aside this event has already gained a lot of interest and a lovely

faith lunch has been promised too. If you would like to come along, please get in touch.

We hope that our new members are settling in and we look forward to greeting some more new faces at our upcoming meetings. We are always very happy to encourage visitors to the group, please come along and see what we are all about.

Upcoming meetings are:

June 30 - Christmas in July workshop day at Hackthorn

July 12 - Strawberry Tea

August 16 - trip to Birmingham Festival of Quilts

September 13 - Lynne Carter from Wisteria Patchwork to give a talk entitled Oregon Trail.

For further information, please contact Linda Barnes on 866629.

### ***SERVICES Owmbly Group of Parishes – July 2007***

	Time	Service	Place	By
Sunday July 1	9.30 am	Holy Communion	Glenthams	J Duckett
Trinity 4	11.00 am	Family Service	Spridlington	A Hay
Sunday July 8	9.30 am	Holy Communion	Hackthorn	M Chapman
Trinity 5	6.00 pm	Evening Prayer	Glenthams	R Thornton
Saturday July 14	2.00 pm	Wedding	Hackthorn	PG
	4.00 pm	Wedding	Glenthams	PG
Sunday July 15	8.30 am	Holy Communion	Glenthams	PG
Trinity 6	9.30 am	Holy Communion	Owmbly	PG
	11.00 am	Morning Prayer	Hackthorn	PG
	6.00 pm	Evening Prayer	Spridlington	PG
Saturday July 21	1.30 pm	Wedding	Glenthams	PG
Sunday July 22	8.30 am	Holy Communion	Hackthorn	PG
St Mary Magdalene	9.30 am	Holy Communion	Saxby	PG
	11.00 am	Family Service	Owmbly	PG
Saturday July 28	3.00 pm	Wedding	Hackthorn	PG
Sunday July 29	10.00 am	Group Communion	Glenthams	PG/DE
Trinity 8				

### ***Glenthams Methodist Chapel - June 2007***

DATE	TIME	SERVICE	LED BY
1	5.00p.m.	Songs of Praise	Market Rasen
8	10.45 a.m.	Morning Service	Mrs. A. Sanderson
15	10.45p.m.	Rev. Liz's farewell Service	Market Rasen
22	3.00 p.m.	Open Air Service	Normanby Church
29	9.45 a.m.	Morning Service	

## WHAT'S ON DIARY

Day/ Date	Time	Function	Venue
Sun 1	6.00 pm	Hymns Practice	St. Hilary's Church
Mon 2	2.00 pm	Rainbow Fellowship	Doram N-by-S
Tue 3	7.30	Tapestry Group	Trap House Glenthams
Thur 5	10.00 am	Coffee Morning	Glenthams VH
Thur 5	7.30 pm	Hackthorn & CH Parish Council	Hackthorn VH
Fri 6	6.30 pm	British Legion Garden Fete	Lea Cottage Hackthorn
Mon 9	7.30 pm	Power House	Highfield End Glen
Tue 10	7.30 pm	Garden Club Summer Party	Glenthams VH
Thur 12	10.00 am	Coffee Morning	Glenthams VH
Thur 12	7.30 pm	Glenthams Parish Council	Glenthams VH
Sat 14	2.30 pm	Country Market	Cliff House O-by-S

## Deadline for August Signpost Sunday 15th July 6.00 p.m.

Mon 16	2.30 pm	Garden Party	Graber House N-by-S
Thur 19	10.00 am	Coffee Morning	Glenthams VH
Wed 25	7.30 pm	Whist Drive	Rose Cottage N-by-S
Fri 27	6.00 pm	Summer Fayre	Hackthorn School

### 11 PEOPLE ON A ROPE

Eleven people were hanging on a rope under a helicopter--ten men and one woman. The rope was not strong enough to carry them all, so they decided that one had to leave, because otherwise they were all going to fall. They weren't able to name that person, until the woman gave a very touching speech. She said that she would voluntarily let go of the rope, because, as a woman, she was used to giving up everything for her husband and kids, or for men in general, and was used to always making sacrifices with little in return. As soon as she finished her speech, all the men started clapping their hands