# **SIGNPOST**

The Owmby Group of Parishes Magazine

Volume 26 August 20 | 7 Issue 5

## **Get Out and Meet New Friends**

August is traditionally a slow month for social gatherings in our parishes and this year is no exception.

Why not take advantage of the "extra time" you have available and make some new friends at a venue you have not visited before?

The Rose Bowl Quiz in Glentham on Thursday the 17th is a fine example. I've visited a few times. It really is a great evening. If you've never been, give it a go. It's not a serious quiz night, so you'll have plenty of fun.

For those that are able to attend them, the various coffee mornings around the group are an excellent way to make new friends and acquaintances as well as finding out about other events in the local area.

If you're stuck for something to do during one of the fine evenings we tend to have in August, the Summer Barbeque at Spridlington Village Hall is always a treat. This year it's being held on Saturday the 19th at 7:00 pm.

The What's On guide on the back page lists all this month's events.

Get out there and attend something new this month!

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#### LETTER FROM THE MINISTRY TEAM

I was reading through "Woman Alive", a magazine aimed at Christian Women, and came across the following poem, which seemed to fit in with the beautiful weather we have been having lately. It also struck me that we, as British, are always talking about the weather but rarely thank God for any of His lovely seasons:

#### "Long Summer Days." by Amy Boucher Pye

Lord, we love your long summer days, when we experience sunshine and flowers, and a warm, wafting breeze.

When we relax in the garden and drink in the glories of creation, we remember that you have formed us and made us and that you've said it was good.

We can smell the beauty of lavender and observe the bee removing the nectar from the flowers, and we say that it is good.

But why O Lord God, do we sometimes look at ourselves and say that we are not good? After all, we are made in your image. Your very own image. And when you created us, you said it was good. So we ask you, Creator Father, to help us to accept your love, that it would seep so deeply into our hearts and minds that we would know we're the beloved. That knowing this truth would enable us to share your love with our families, friends and neighbours.

Thank you Lord, for these lovely long days. May their beauty turn us in thankfulness to you!

So when we sit in the garden or walk around in the sunshine, let us think about the God who created all this for us. Let us think about the fact that He created us, and declared us good. Let us think of ourselves in His image, as God intended! Thank you Heavenly Father for the beauty of long summer days, for all your love and the knowledge that we are ALL beloved. Amen.

# Liz Harris

#### 07549 522494

Please note this is the new telephone number on which I can be contacted for all parish matters. If I am not able to answer your call please leave a voice mail message or a text message and I will get back to you. Thank you

Sally Turnbull

# Welton & District Royal British Legion



There will be NO MEETING in August.

The next important meeting of Welton & District Branch of the Royal British Legion will be held on **Thursday 7th September** at Welton Sports and Social Club at 7.45 p.m.

Contact Details:

Tel: 01673 860732 - E-mail: rosedonlea@btinternet.com

#### FROM THE REGISTERS

#### We welcome into the family of the Church by baptism

Ian Stewart Pindar & John Finley Pindar at St. Helen's, Saxby on July 15th

REGULAR CHURCH SERVICES				
Wednesday		Morning Prayer	Spridlington	
Friday	4.00 pm	Evening Prayer	Spridlington	
	СН	URCH SERVICES	IN AUGUST	
Sunday 6th	9.30 am	Holy Communion	Glentham	JH
The Transfiguration	11.00 am	Holy Communion	Spridlington	JH
	6.00 pm	Evening Prayer	Owmby	LH
Sunday 13th	8.30 am	Holy Communion	Spridlington	ST
9th after Trinity	9.30 am	Holy Communion	Hackthorn	ST
Sunday 20th	9.30 am	Holy Communion	Owmby	ST
10th after Trinity	11.00 am	Morning Prayer	Hackthorn	ST
	6.00 pm	Evening Prayer	Spridlington	ST
Sunday 27th	9.30 am	Holy Communion	Saxby	ST
11th after Trinity	11.00 am	Family Service	Owmby	LH
	6.00 pm	Evening Prayer	Glentham	ST
GLENTHAM METHODIST CHAPEL IN AUGUST				
Sunday 6th	Sunday 6th 10:45am Holiday Club Celebration & Picnic			

The latest time for entries to the September 2017 Signpost Tuesday the 15th of August at 6:00 p.m.

## TWAM - Tools with a Mission Creating livelihoods, recycling tools

#### ADVANCE NOTICE - OWMBY GROUP AUTUMN APPEAL for TWAM

All the churches in the Owmby Group of Parishes are going to support *Tools with a Mission* this autumn. This Christian charity works with partners in Africa and around the developing world to supply donated tools and equipment to transform lives and enable people to earn a living.

We hope that each village will encourage people to look through sheds and garages to find old tools that are not broken but are no longer used; the charity will collect, clean and sharpen as needed and then create trade kits ready for shipping overseas. All details about what can be donated is available either on your church notice board or online at www.twam.co.uk

Items are needed for builders, carpenters, electricians, gardeners, ground workers, leatherworkers, motor mechanics, plumbers, cobblers.....additionally working power tools, sewing machines, knitting machines, haberdashery items....and scholar packs for children and educational books.

Please start to look things out - we would like to receive your donation at one of our village Harvest Festivals or, if more convenient, there will be a collection point in each village. Further dates and details will appear in September's Signpost. Our churches are looking forward to working together to try to make our Harvest Festivals special and to make a practical contribution to those who are trying to support themselves and their families.

Any queries, please contact Rosemary Cox 01673 878258

#### FROM THE OFFICE OF THE BISHOP OF LINCOLN

In place of a bishop's letter this month, the Revd David Dadswell, Bishop's Strategic Implementation Adviser and a member of Bishop Christopher's immediate staff, introduces himself and his role in the diocese.

#### Dear Friends

The pea harvest has just started as I write this. Huge machinery is marching across the fields with great urgency to gather and freeze the precious crop, so it can appear fresh and tasty on our tables into the darkest winter months. Harvest is a strong image for us as Christians. We need to be out in the fields telling people about Jesus, healing people's wounds, building lively communities where God's kingdom of justice and love transforms lives for the better.

It was a great joy and privilege for me when Bishop Christopher invited me to join his staff as a fellow worker in the harvest. The role he has asked me to fill is all about helping the diocese at all levels to deliver on its promises, particularly through the diocese's strategy and the learning communities. I've come from 20 years as an organisational consultant and bring insights and skills about structures, systems, ways of working and culture that enable what we want to happen to come into reality. So far I've been astounded at the variety of imaginative things going on in the diocese, at the commitment to making a difference and at the ability of Lincolnshire people to talk for England! That last feature is great for someone new to this sort of job. I've been getting huge amounts of information and insights into what it's like being the Church here - the challenges, the strengths, the history and the possibilities.

Something I learned as a consultant is that you're not the person who delivers the product. I hope that the work I will be doing with you will be useful and constructive, but it will only make sense if it helps you to be effective as an ambassador for Christ in your workplace, your community, your circle of friends, your place of education.

I look forward to meeting more of you friendly folk of greater Lincolnshire, and I ask for your prayers for the work I and my colleagues are doing to support your Christian witness..

Revd David Dadswell

#### PRAYER FOCUS FOR AUGUST

This month we are thinking about safety on our roads.

Heavenly Father, we pray for all those who drive on our roads. We pray for their safety and consideration for others. Also for those who use machinery on the land as harvest approaches.

## **Lincoln East Group of Artists**

Will be holding

**An Exhibition** and **Sale** of **original work**Inside the Chapter House of Lincoln Cathedral

Monday July 24th - Saturday August 5th 2017

Opening Times:

Mon - Sat: 10am - 4pm Sunday July 30th: 1pm - 4pm

Entry to art exhibition included with Cathedral entry fee

To have your product or service advertised in Signpost, please contact Steve, the editor for more details.

steve@owmbygroup.co.uk 707835 429439

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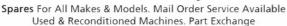
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# **HACKTHORN & COLD HANWORTH**

#### HACKTHORN C. OF E. PRIMARY SCHOOL

Summer obviously forgot to check its diary this year and so we were able to enjoy an uninterrupted Sports Day for the second year running! The children spent the morning doing a variety of activities in mixed-age teams, which was a joy to behold for our visiting sports coaches, who were really impressed at the way the older pupils helped and encouraged their younger team-mates. The afternoon brought the more traditional format, complete with parent participation. Such was the level of competition this year that no less than 5 parent races took place (and thankfully, this year, all parents remained none the worse for the experience).

Key Stage 2 enjoyed a very educational trip to Woolsthorpe Manor, home of the famous apple tree which one Isaac Newton sat under all those years ago which led to his coming up with the idea of gravity. There were loads of activities and experiments for everyone to take part in and a great time was had by all - even the couple enjoying a quiet picnic relaxed when they realised that this wasn't a typical bunch of rampaging schoolchildren!

This year's Reception continued a newly established tradition this year as the whole class wrote and posted welcome letters to next year's Reception group (hopefully they won't be too daunted by the level of reading and writing ability that our current group has achieved in its first year at 'big school').

The gardening club took a trip up to the walled garden at Hackthorn Hall to see how their pumpkin plants were coming along, and couldn't believe their eyes when they saw what had become of them! The plants were enormous and were beginning to produce loads of pumpkins ready for the autumn. What better inducement to look forward to coming back to school in September?

Move-up day gave everyone a final chance to get a flavour of what life will have to offer next term, as well as giving the new Year 1 and opportunity to welcome the new intake (and their parents) into the Reception Class that they have been looking after for them.

And that's what it's all about - Nurture, the last 'letter' of the 'Hackthorn Way', it makes you feel safe, which helps you feel confident and if you feel confident you can achieve anything.

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### **Kathryn Dean**

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Sports and Remedial Massage is not exclusively for athletes. I treat people from all walks of life, who benefit from the release of soft tissue tension.



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Please call Kathryn Dean MAR, PR, ISRM for further details or to make an appointment. 01427 668897, 07747 471752. Email:edenreflexology@gmail.com Website: www.eden-reflexology.co.uk The Old Post Office, St George's Hill, Glentworth.

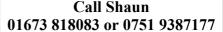
# Art Classes Hackthorn Village Hall

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§ Signpost

# **SPRIDLINGTON**

Visit Spridlington Village Hall's page on Facebook to find the latest news about events and to see photos of past fun! Come and like us at <a href="http://www.facebook.com/SpridlingtonVillageHall">http://www.facebook.com/SpridlingtonVillageHall</a>

# SUMMER BARBEQUE SPRIDLINGTON VILLAGE HALL

on Saturday 19th August at 7.00pm





The barbie is on, the meat smells delicious, With jackets and salads, so really nutritious. We're listening to country and also to folk Sung by our Ian, a talented bloke. The weather is balmy, the company's great. Be sure you're here with us: take note of the date

Tickets: £8. Children 12 and under: £2
Please bring your own alcohol
Please book by August 9th to facilitate catering
For additional details or booking **ring**Deb on 01673 860283 or Joey on 01673 862015



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# **SAXBY & FIRSBY**

# ngs gardens open for charity

# National Garden Scheme Brightwater Gardens - Saxby Thursday 24 August, 11 - 4 pm

Brightwater Gardens is an 8 acre landscaped garden. Yew hedging and walls enclose magical garden rooms full of roses and herbaceous plants. Solar garden, long terrace, Dutch, pergola and obelisk gardens, lavender walk. Large natural damp garden. Dry garden, specimen trees overlooking a large reflective pond. Native woodland areas, prairie and wild lower meadow planted with massed bulbs.

Plants for Sale Adm: £5.00 Children: free

The National Gardens Scheme: Registered Charity No. 1112664

Refreshments are available with proceeds going to The Friends of Saxby Church





www.ngs.org.uk



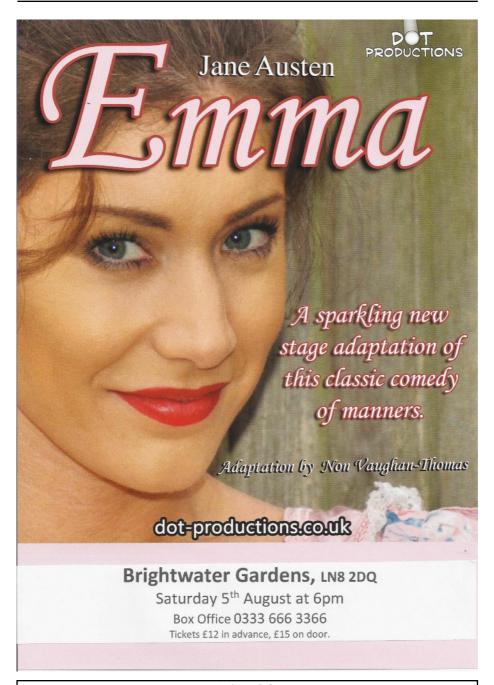
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# **NORMANBY & OWMBY**

#### NORMANBY BY SPITAL PARISH COUNCIL NEWS

The Parish Council meeting held on 13th July, saw a full complement of Councillors and CC Lewis Strange. Apologies were received from DC Jeff Summers and the Police.

Following last month's request for motorists to take care when driving through the village, would pedestrians also take care when walking along roads without a pavement. If there are two people each with a dog and a car comes along, could you please both go the same side of the road and try not to delay the motorist. Thank you.

Potholes have been filled in along Private Lane, parts of the village roads have been resurfaced and white lines replaced, but we are still waiting for older white lines to be refreshed.

CC Lewis Strange was asked to help in getting the grass verges and overhanging trees cut back. Parking along Main Street has become so congested at times, the school bus driver had to knock on doors, asking for cars to be moved so the bus could get through. The mobile library cannot now park outside the row of four bungalows, nor can some of the carers and drivers picking up some residents who have trouble walking far, making it difficult for the less able. Please consider others when you leave your car(s) outside your property or just parked for a short time.

A committee has been formed for the Community Park and their first meeting will be held on July 27th. A committee has been formed for the Neighbourhood Plan and their first meeting will be arranged soon.

It was agreed to donate £100 to LIVES.

Posters, requesting people to clear up after their dog has fouled will be put up in the notice boards. Could dog owners please make sure their dogs cannot get out on their own and run around the village, while these seem to be friendly dogs, it is not safe and worries other dog owners.

Apparently a very large drone has been flying over Normanby and Owmby and this is causing the Police and residents concern. Please do not fly your drone over people's property. The Police have asked for anyone seeing this or any other drone to report it by ringing 101.

Nadine Fox, Clerk to Normanby by Spital Parish Council



If you have news, holding an event, an article or a story you feel would be of interest to other readers, please contact Steve, the editor.

OWMBY PCC MONTHLY DRAW				
1st 2nd 3rd				
Eva Batt	Sally Mundy	Andrew Hall		

#### NORMANBY BY SPITAL PRIMARY SCHOOL

It has been another incredible year at Normanby-by-Spital Primary, we have as always had a fabulous year of achievements from all of the children, who always work so hard; we have survived Ofsted and been recognised as still being a 'Good' school; Our rebrand took place at the beginning of the year and the school looks amazing!

A huge thank you to all those people who attended the official opening of 'The John Burkitt Hall'. It was such a lovely community event and it was wonderful to hear so many memories of the school and the village. One gentleman enjoyed a walk around seeing the vast changes that have taken place since he was here in 1945 whilst also sharing his stories and pointing out the girls entrance to the school and the boys entrance!!! It was truly a lovely afternoon.

What a fantastic Summer fair we had! Even the rain didn't stop the fun-thank you to all parents/carers and other visitors that we had come along and support us and help raise over £600 for the school. A huge thank you to FoNS for all their hard work and commitment to the school. None of this could have been done without them.

Over the summer holidays we are having our whole roof replaced, so the school will be surrounded with scaffolding and the site will be a hive of activity. We are hoping this will take place without any disruption to the community and look forward to seeing it once it's completed.

We are pleased to say, as from September, we will be opening up our pre school to children who are 2 years of age as well as offering the 30 hours offered for 3 and 4 year olds. If you would like more information about either of these please do not hesitate to contact the school on 01673 878216.



# Owmby & Normanby WI

Thursday, 3rd August 7.30pm

## **Crazy Whist - Open Meeting**

Come along to Sara Carter's for an evening of fun

Competition: Points awarded from scores on the night

We look forward to seeing you all - and welcome new members.

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 Normanby by Spital
 Council Houses
 12:00 - 12:30
 Wednesdays

 Hackthorn
 School
 13:30 - 14:00
 Aug 2

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Aug 30

## **₹**

## **Whist Drive**

Whist results were unavailable at the time of going to press this month.

Check the website for the next event and latest results.

POST OFFICE OPENING TIMES			
Clarette and	Monday	09:00 - 11:30	
Glentham	Thursday	14:00 - 16:00	
Name and a Comment	Monday - Friday	07:30 - 19:30	
Normanby & Owmby 01673 878353	Saturday	08:30 - 19:30	
01073 070353	Sunday	09:00 - 16:00	

# **GLENTHAM & CAENBY**

#### GLENTHAM PARISH COUNCIL NEWS

The July Parish Council meeting took place on 6th July 2017, the whole of the Council were in attendance, and there was a record number of parishioners in attendance. Updates on Council matters are as follows:

**Children's Playground** - the loose gate post has been repaired. Please note that the external inspection is due in August so there may be inspectors on site for half a day.

**Planning** - the Council listened to representations from parishioners regarding the **proposed application for 12 poultry units** in the parish. It was very clear from the public that attended that this is a very unwelcome development to the parish. The Council has listed the views of the public in the July minutes, and furthermore a flyer is to be produced and delivered to households to make all parishioners aware - this will also contain the planning application number and the extension date to submission date to West Lindsey District Council.

**Memorial Stone** - still under discussion due to funding applications.

Village Green Benches - the new benches will be in situ by August 2017 and it was agreed to erect the Village Sign by the Beck.

**Emergency Plan** - the Council have agreed to implement a Parish Emergency Plan - this will be led by Cllr M Brand - **all volunteers warmly welcomed**.

**Dates of next meeting** - The next meeting will be held on **Thursday 7th September 2017** at 7.30pm at the Village Hall - all welcome.

#### Parish Council contact details

The Councillors:-

Mick Brand Sarah Shaw Rowena Summers
Adam Shaw Peter Smith Jeff Summers

Vanessa Smith

The Councillors can be contacted via the Parish Clerk as follows:-Jo Trotter - 01673 838690 - Email: clerk@glentham.org.uk

# GLENTHAM 55+ CLUB



Monday 14th August, 2:00 p.m. Glentham Village Hall

Non-members would be very welcome



# **ROSE BOWL QUIZ**

Thursday 17th August at 7:30 p.m. Glentham Village Hall

A just-for-fun quiz to raise funds for the village hall. £3.50 per person. Bring your own drinks. Light supper provided.



# Holiday Club

Glentham Methodist Chapel Mon 31st July - Fri 4th August 10:00 - 12noon (4 - 12 year olds)

Sunday 6th August Celebration & Picnic 10:45am (All the Family)

Based on stories of Jesus from Luke's gospel! Packed with creative teaching, games, songs, prayers, craft & bible reading. Cost - £7.00 per child

Please contact Jenny Atkinson 878806 or Janet Faulkner 818718 for a Booking Form **Book YOUR place TODAY!!!!** 

Glentham Village Hall

# **COFFEE MORNINGS**

Wednesdays 10:00 - 11:30 a.m. August 2nd, 9th, 16th, 23rd & 30th

All welcome
Proceeds to Village Hall Funds

'The Crown' at Glentham

# Men's Breakfast

Saturday 12th August at 9:00am



An opportunity for men to meet and chat over a delicious full English breakfast!

Please Phone Peter Atkinson on 01673 878806 to reserve a place

Organised by Glentham Methodist Chapel

St Peter's Guild



# **COFFEE MORNING**

Tuesday 15th August at 10:30 a.m.

2 Barff Meadow, Glentham

by kind invitation of Maureen & Bob Dickson The proceeds will be in aid of Glentham Chapel

All Welcome



#### The Glentham Defibrillator

The Glentham Automated External Defibrillator (AED) is situated in a cabinet on an external wall by the main entrance to the Village Hall.

An Automated External Defibrillator, or AED, is a portable defibrillator especially designed for people with little or no medical background. When applied to the victim, voice commands and screen messages will guide the user step-by-step through the process and its intelligent technology will only allow it to shock a 'shockable' heart rhythm.

The machine tells you what to do - you cannot hurt anyone.

If you think you need it in an emergency just follow the following steps:

- First make sure that you or someone else has called for an ambulance by dialling 999 and give CPR (cardiopulmonary resuscitation), if you are unable to perform CPR then follow the instructions given by the ambulance control operator, continue until someone can bring you the AED.
- Send someone with a mobile phone to the village hall. When at the AED cabinet, dial 999, ask for the ambulance service and explain the situation. The ambulance control will give you the code to open the cabinet if they consider use of the AED is suitable.
- Take the AED to the patient and follow the instructions.
- Continue until the emergency services arrive and take over.

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**Lunchtime closing: 12:30 p.m. – 1:30 p.m. every day.**Bank Holiday Mondays: Closed all day

Morning newspapers delivered to: Glentham, Bishop Norton, Normanby, Owmby, Spridlington, Hackthorn.

Contact us: High Street, Glentham, LN8 2EQ.

#### Telephone/fax: 01673878474

#### **Glentham Parish Emergency Plan**

Glentham Parish Council is currently looking at implementing a Parish Emergency Plan and requires the assistance of villagers to form a volunteer village emergency team to make it successful.

Until now, the major risk has been identified as flooding, we have a volunteer flood warden that can offer assistance to those properties in the village identified as at risk prior to arrival of Emergency Services, but Glentham requires more volunteers.

In extreme conditions such as heavy snow and flooding, there is a possibility that the emergency services may not be able to reach the scene immediately. In such circumstances, the initial response may rely entirely on local people. To co-ordinate such activity, in partnership with the local authority, we are looking at formulating a Community Emergency Plan to help their community to prepare for an emergency and reduce its impact.

The idea is that local communities may know about specific hazards and problems that affect an area, be aware of individuals who might need assistance in an emergency, and have access to people, resources or buildings that allow them to respond more effectively to specific incidents.

All major emergencies will be dealt with by the emergency services, local authorities, utilities and voluntary agencies in a combined response. This Emergency Plan is not intended to be a substitute for these services and, in an emergency situation arising, the first action should always be to contact the emergency services by dialling 999.

If you are interested in helping in any way, for example: if you have access to 4x4 vehicles, chain saws, if you are medically qualified, first aid trained, have specialist skills or would just be willing to give support that would be useful then we would like to hear from you.

I will be available in the village hall at 6:30pm until 7:30 Thursday 7 September to discuss how we can move on with your support.

ALTERATIONS

## **REPAIRS**

including
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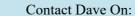


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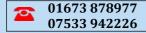
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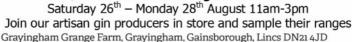


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## Have you visited the Owmby Group website?

http://owmbygroup.co.uk

### Signpost Online - Including Back Issues

http://owmbygroup.co.uk/signpost

#### Do you have 3-4 hours a month to help local baby bereavement Group?

"I found out that I had lost my baby just before Christmas. There are no words to describe the utter despair I felt."

Losing your much longed for baby late in pregnancy or soon after birth is the most awful trauma any parent can experience. A whole future is taken away from that family. Sadly this happens only too



often. Currently 15 babies a day die in the weeks before or just after birth. Sands aims to care for those families with practical and emotional support for as long as they need it.

Members of Lincoln Sands (Stillbirth and neonatal death charity) support group are appealing to the local community to help them recruit new Committee members.

They need a new Chair, Treasurer and Befrienders.

The Chair is responsible to help the committee work together as a team, following the aims of Sands, arrange quarterly committee meetings and an AGM (Annual General Meeting), hold a casting vote, write letters on Group's behalf, liaising with their Network Coordinator and being a point of contact for the Group and being a representative for the Group.

The Treasurer keeps a record of the financial matters for the Group, and ensures all spending has receipts or invoices and are in accordance with the Sands' aims and guidelines.

Befrienders are also needed to provide support to anyone affected by the death of a baby over the phone and in person at group meetings. The new befrienders must successfully complete Sands' befriender training, and a minimum of a year must have passed since their baby died. Sands support groups are run on a voluntary basis by people many of whom have themselves experienced the death of a baby. However not all Committee members have to be bereaved parents. As long as you have an empathy and interest in our work we would urge you to get involved.

Dr Clea Harmer, Chief Executive of Sands, said, "I hope that the Lincoln group will find additional help as soon as possible, so the group can continue to provide support to be eaved parents and their families at a devastating time for them. I would urge anyone in the local area who could help to get in touch."

For further information on the roles or to find out more about the group contact Rose Abrehart, East Network Coordinator at Sands on  $07707\ 480020$ 

or email: rose.abrehart@uk-sands.org

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#### WELTON PATIENT AND DOCTORS ASSOCIATION

Plans for the Autumn Fayre, to be held in Welton Village Hall on Saturday 21st October, are now in full swing. If anyone is interested in hiring a table to sell their own goods please give a call to either myself on 862570 or Chris Jackson on 860835. The cost will be £10 and you keep any money you take. We will not be able to take bookings for the sale of cakes as we have our own cake stall. We hope to get a good variety of stalls and to achieve this we will take names initially and then confirm your booking by 2nd week in September. I have had several enquiries already so don't leave it too late. We are now collecting bric a brac, books and tombola items ready for October so if anyone needs anything collecting, please give me a call.

Tickets for the grand raffle are selling well. All drivers have some to sell plus the Health Centre dispensary, Welton paper shop and Essential Looks at Dunholme. Prizes to date include a weekend hotel break for 2, National Garden Centre vouchers and a luxury hamper and further prizes have now been promised including afternoon tea for 2, M&S vouchers, a 2 week family pass to Burton Waters, a £25 voucher from Addison's Butchers, admission to Natureland, Skegness. These are just some of the prizes available to be won!

Dates for your 2017 diary

Christmas Lunch Tickets on sale: 2nd October

Autumn Fayre: 21st October Christmas Lunch: 8th December

If you require any further information on any of the above don't hesitate to give me a call (862570).

Janet Goddard

# The latest time for entries to the September 2017 Signpost Tuesday the 15th of August at 6:00 p.m.

#### WELTON HEALTH CENTRE NEWS

STAFFING - This month we have seen the return of Dr Mercedes Gomez from her maternity leave and we welcome her back on a Monday, Tuesday and Friday. After sixteen years' service, our Reception Team Leader has left the Practice for a new challenge in a different field. Mrs Sally Arnold will now take over as Reception Team Leader and any queries relating to Reception should be directed to her in the first instance.

**PRIVATE FEES** - The NHS services of a GP are of course free at the point of delivery. However, there are 'services' that fall outside the scope of the National Health Services. For instance, certain travel vaccines such as 'Yellow Fever' are not available via general medical services. Written reports for insurance companies, solicitors and employers (fitness to work) and other items are not covered by the GP Contract. The Practice is able to charge a fee for such work and all NHS work is carried out as a priority which means on occasions tasks such as this may take longer than expected. Please give the Practice as much notice when making any requests.

**TEXT MESSAGING SERVICE** - Would you benefit from our text messaging service? The service allows us to contact you quickly and efficiently with appointment confirmations, appointment reminders, review reminders for blood tests and chronic disease clinics, flu vaccinations and other information notices.

This service is totally free to patients; however we need your prior written consent to activate this. If you would like to participate in this service, please see Reception or the Practice website for a sign up form.

**DNA's** - In June, 34 patients did not attend for their appointments with the doctors and 69 appointments with the nurses. Over 17 hours of clinical time was lost due to patients not attending for their appointments. Please try to remember appointments or cancel with us if they are no longer required.

Statistics so far this year show that we have had a total of 620 missed appointments which equates to approximately 120 hours of appointments that could have been used by someone else.

Please let us know if you are unable to make your appointment.

AUGUST BANK HOLIDAY - The surgery will be closed for the bank holiday from 6.30pm on Friday 25th August 2017 until 8.00am on Tuesday 29th August 2017.

STAFF TRAINING - The surgery will be closed for staff training from 1pm on Tuesday 15th August 2017 until 8am on Wednesday 16th August 2017.

When considering the staff training afternoon and bank holiday closures, please could we ask that you order any medication with as much notice as possible to enable us to meet the tight deadlines that we face.

Nadina Prestedge

#### **BISHOP NORTON WEDNESDAY LUNCHES**

Two course home cooked meals with tea or coffee served in the village hall at 12 Noon £5.00 PER PERSON

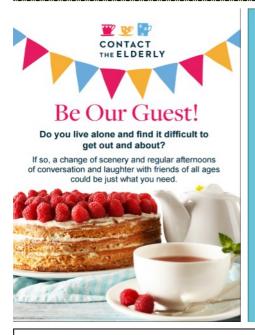
# 9th August, 13th September and 11th October EVERYONE WELCOME!

Please ring at least two days before to book your place Carol 01673 818514 or Karen 01673 818798

#### WEST LINDSEY DEMENTIA SUPPORT GROUP

The West Lindsey Dementia Support Group meet in the Market Rasen Methodist Church Hall, on the 3rd Wednesday of every month,10.00am to 12.00 noon, for tea /coffee, biscuits (sometimes cake) free of charge to all with dementia and their carers. We have been running these meetings for some years now, members are all people who have, or are going through the dark times, where no one will show you how to obtain help, advise or guidance. If you would like to meet us, you are so welcome, and most importantly, not alone. Telephone 01427 613033 or 01427 617596 - we will return your call if our answer phone takes your call.

If you have news, event, an article or a story you feel would be of interest to other readers, please contact Steve, the editor. His telephone number is on the contacts page towards the back of this month's edition. Full details are on the Owmby Group web site.



# Company, conversation and a cuppa

Contact the Elderly arrange local afternoon tea parties for people aged 75 or over across England. Scotland and Wales.

One Sunday afternoon a month, each group meets for tea, cake and company. Our hosts take it in turns to welcome you into their home for a couple of hours, and our drivers accompany you to the tea party and make sure you get home safely. This service is free – all you have to bring is yourself!

If you would like to talk to someone about coming along please call our Freephone number 0800 716 543

Alternatively you can visit our website www.contact-the-elderly.org.uk or email us at guest@contact-the-elderly.org.uk



Contact the Faloric is a proclamed month in Frederick and Wales (1148120) and in Septemb (SC199077).

When people throw stones at you, you can choose to throw them back, to stumble on them, to climb over them, or to build with them.



#### Dr M M Sultan

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# NEW CLINICS AT INGHAM FOR SEASONAL FLU VACCINATION Bookable Appointments

Tuesday 26th September 8.00 - 12.30 14.30 - 18.30 Wednesday 27th September 7.30 - 12.30 14.00 - 16.30 Friday 13th October 13.00 - 17.00

# PLEASE TELEPHONE THE PRACTICE ON 01522 730269 TO BOOK YOUR FIVE MINUTE FLU VACCINATION APPOINTMENT

#### Seasonal Flu Vaccination is Recommended

- IF YOU ARE AGED 65 AND OVER
- WHATEVER YOUR AGE IF YOU HAVE:
  - · A chronic chest complaint, including asthma and COPD
  - · Heart Disease
  - · Chronic kidney or liver disease
  - · Diabetes
  - · Lowered immunity due to a disease or treatment such as steroid medication or cancer treatment
  - · Chronic Neurological Disease eg Parkinson's Disease, Multiple Sclerosis, Motor Neurone Disease
  - · Any other serious medical condition please check with the doctor if you are unsure.
- OR IF YOU ARE:
  - · Pregnant
  - · A registered Carer
  - · Living in long-stay residential care homes
- Children aged 2-3 years will be sent letters inviting them to book into routine nurse appointments
- Children from reception (aged 4-5 years) to Year 4 (aged 8-9 years) will be vaccinated by the School Vaccination Service

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#### **USEFUL TELEPHONE NUMBERS**

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Alcoholics Anonymous	01159 417100	Ingham	01522 730269
Anglian Water	08457 145145	Hibaldstow	01652 650580
British Rail	08457 484950	Market Rasen	01673 843556
Bus Enquiries	08456 050605	Test Results	01673 840256
Charities		Dispensary	01673 840254
Age Concern	01507 524798	Welton	01673 862232
Help the Aged	0808 8006565		
Royal British Legion	01673 860363	Environment Agency	0800 807060
Samaritans	08457 909090		
Alzheimer's Society	01522 692681	Hospitals	
WL Dementia Support	01427 613033	Lincoln	01522 512512
County & District Counci	ils	Gainsborough	01427 816500
LCC	01522 782070	Louth	01507 600100
WLDC	01427 676676		
		Market Rasen Mail	01673 844644
Crimestoppers	0800 555111	NHS Direct	08 45 46 47

<b>SIGNPOST</b>	<b>ADVERTISING RATES</b>

Size	Per Issue
1/6 A5 page (60 mm x 60 mm)	£6.00
1/3 A5 page (60 mm x 122 mm)	£12.00
2/3 A5 page (122 mm x 122 mm)	£24.00
Full A5 page (122 mm x 184 mm)	£36.00

Registered Charities, please contact the editor for insertion policies.

Please note. Payment for adverts will be required prior to insertion. Please ensure you have submitted your ad requirements and payment BEFORE the month's deadline.

## **FLYER DELIVERY WITH SIGNPOST**

Delivery of flyers with Signpost is £25.00.

Printed flyers must be delivered to our distributor by the 18th of the month.

If you have news, event, an article or a story you feel would be of interest to other readers, please contact Steve, the editor. His telephone number is on the contacts page towards the back of this month's edition. Full details are on the Owmby Group web site.

#### **CONTRIBUTORS - PLEASE NOTE**

Items submitted must contain the Village name or the Section for inclusion and must be legible. If possible, please type the entry. If emailing or sending a disk, send copy as plain text. If you have your own design, send as an A5 Microsoft Word, Microsoft Publisher, Adobe PDF or Serif PagePlus document and ensure it is fully editable. The editor reserves the right to not publish any submitted material if it does not meet with the above guidelines.

L	OCAL CONTACTS				
Rural Dean	Revd Richard Crossland	01522 754752			
OWMB	Y GROUP MINISTRY TEAM				
	g. baptisms, weddings, service arrangeme be found at http://owmbygroup.co.uk/con				
Parish Priest	Revd Sally Turnbull	07549 522494			
Local Priest	Revd Bill Williams	01522 730365			
Local Priest	Revd Sue Deacon	01522 730167			
Reader	John Beverley	01522 730752			
Authorised Local Ministers	Anne Hunter - 01673 861276. Liz Harris - 01673 87882				
Pastoral Team: for home and hospita contact any of the above. Your call v	al visits, visiting in bereavement, home commu will be treated in confidence	nion and prayer please			
	l all churchyard matters, such as reserving a ry Administrator, Shirley Keyes on 01522 931				
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	Pat Beat	01673 878260			
Glentham	Robert Rowe	01673 878717			
Hackthorn	William Cracroft-Eley	01673 860738			
nacktnorn	Anne Ward	01673 861821			
Owmby	Liz Harris	01673 878829			
Saxby	01673 878258				
Spridlington	Claire Marris	01673 861127			
	Paul Crossland	01673 861624			
<u>GLENTH</u>	AM METHODIST CONTACTS	<u> </u>			
Minister	Rev Anne Coates	01673 843362			
Senior Steward	Trevor Faulkner	01673 818718			
Steward	Peter Atkinson	01673 878806			
VILLAGE HAI	LLS - BOOKING & INFORMA	TION			
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Hackthorn	Bonnie Burzynska-Burrin	01673 860920			
Normanby-by-Spital	Caroline Vernall or Lynda Watson	01673 878216			
Spridlington	Jo Howard	01673 862015			
PAR	RISH COUNCIL CLERKS				
Glentham	Jo Trotter	01673 838690			
Normanby Nadine Fox 01673					
Owmby	Charlotte Wright	01673 838151			
Spridlington / Hackthorn	Maria Wass	01673 861847			
	SIGNPOST TEAM				
Editor & Advertising Manager	Steve Harvey	07835 429439			
Treasurer John Fox 01673 8					
Distribution	Keith and Liz Harris				
	Eileen and David Barton-Smith				

What's On Guide					
Day / Date Time		Time	Function	Venue	
Wed	2	10:00 a.m.	Glentham Village Hall Coffee Morning	Glentham Village Hall	
Thurs	3	10:30 a.m.	Ss Peter & Paul Coffee Morning	Owmby Church	
Thurs	3	7:30 p.m	Owmby & Normanby WI	Sara Carter's	
Sat	5	6:00 p.m.	Emma by Jane Austen	Brightwater Gardens, Saxby	
Wed	9	10:00 a.m.	Glentham Village Hall Coffee Morning	Glentham Village Hall	
Wed	9	12:00 p.m.	Bishop Norton Wednesday Lunch	Bishop Norton Village Hall	
Sat	12	9:00 a.m.	Men's Breakfast	The Crown, Glentham	
Mon	14	2:00 p.m.	Glentham 55+ Club	Glentham Village Hall	
Tues	15	10:30 a.m.	St Peter's Guild Coffee Morning	Barff Meadow, Glentham	

# The latest time for entries to the September 2017 Signpost Tuesday the 15th of August at 6:00 p.m.

Wed	16	10:00 a.m.	Glentham Village Hall Coffee Morning	Glentham Village Hall
Thurs	17	7:30 p.m.	Rose Bowl Quiz	Glentham Village Hall
Sat	19	7:00 p.m.	Summer Barbeque	Spridlington Village Hall
Wed		7:30 p.m.	Whist Drive	Info on the website
Wed	23	10:00 a.m.	Glentham Village Hall Coffee Morning	Glentham Village Hall
Thurs	24	11:00 a.m.	Open Gardens in aid of NGS	Brightwater Gardens, Saxby
Wed	30	10:00 a.m.	Glentham Village Hall Coffee Morning	Glentham Village Hall

If you have a "stop press" news item or have missed the deadline, but want to tell others about your event, you can have it put into the "Local Info" category in the news section of the website. Send an email to steve@owmbygroup.co.uk with all the details.

#### DISCLAIMER

Signpost Magazine tries to offer its readers a wide range of articles by accepting submissions from third parties. However, please bear in mind the editor and staff will not check facts or references of submitted materials. As a result we cannot and do not guarantee the accuracy, completeness, or validity of the information supplied by the said third parties. Unless specifically requested, submitters will have their name attached to their articles and accept full responsibility for the accuracy and content of those articles.

Contact the editor for full terms and conditions of submitted articles and events.

The editor strives to provide complete reader satisfaction by editing and proofreading the magazine to the highest standard. However, he is only human and therefore is unable to guarantee that all stories are 'perfect' and 'error free'.