

SIGNPOST

The Owmbly Group of Parishes Magazine

Volume 21

July 2012

Issue 4

Exercise Referral

People with a medical condition that would benefit from exercise are being encouraged to speak to their GP about 'Exercise Referral'.

Every district in Lincolnshire offers Exercise Referral, funded by NHS Lincolnshire, and over 20 medical conditions across the county could benefit from exercise. The offer is open to anyone aged 18+ with a medical condition that would benefit from regular physical activity.

As part of the programme, Level 3 instructors will help individuals get started

and review their progress as they increase their activity levels. Individuals will be eligible for subsidised rates at their leisure centre, and will receive lots of information about improving their health and keeping fit.

Conditions that are accepted onto the scheme include diabetes, joint or back pain, cardio-vascular conditions, asthma, high blood pressure and cholesterol, stress and depression. The 12-week course has also been very effective for rehabilitation and weight loss.

The full article is on page 7.



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DAILY CHURCH SERVICES

Day	Time	Service	Place
Monday	8:30 a.m.	Morning Prayer	Brattleby
Tuesday	8:30 a.m.	Morning Prayer	Burton
	9:30 a.m.	Morning Prayer	Spridlington
	12:15 p.m.	Holy Communion	Scampton
Wednesday	4:30 p.m.	Evening Prayer	South Carlton
Thursday		Varies*	
Friday	4:00 p.m.	Evening Prayer	Spridlington
Saturday	8:30 a.m.	Morning Prayer	Burton

*See following table for Thursday venues and times.

THIS MONTH'S PARISH CHURCH SERVICES

Day	Time	Service	Place	By
Sunday 1st	6:00 p.m.	Holy Communion GROUP Service	Spridlington	ST, JH, PG
Thursday 5th	9:30 a.m.	Holy Communion	Owmbly	MC
Sunday 8th	8:30 a.m.	Holy Communion	Spridlington	BW
	9:30 a.m.	Holy Communion	Hackthorn	ST
	11:00 a.m.	Holy Communion	Saxby	MC
	6:00 p.m.	Evening Prayer	Glenthams	ST
Thursday 12th	9:30 a.m.	Holy Communion	Spridlington	BW
Sunday 15th	8:30 a.m.	Holy Communion	Glenthams	ST
	9:30 a.m.	Holy Communion	Owmbly	ST
	11:00 a.m.	Morning Prayer	Hackthorn	ST
	6:00 p.m.	Evening Prayer	Spridlington	RC
Thursday 19th	9:30 a.m.	Holy Communion	Glenthams	BW
Sunday 22nd	8:30 a.m.	Holy Communion	Hackthorn	BW
	9:30 a.m.	Holy Communion	Saxby	MC
	11:00 a.m.	Family Service	Owmbly	LH
Thursday 26th	9:30 a.m.	Holy Communion	Hackthorn	ST
Sunday 29th	9:30 a.m.	Holy Communion	Glenthams	JD
	11:00 a.m.	Holy Communion	Spridlington	BE
	6:30 p.m.	Evening Prayer	Owmbly	NH

GLENTHAM METHODIST CHAPEL

Sunday 1st	10:45 a.m.	Family Church followed by BBQ	Rev Marty Presdee
Sunday 8th	6:00 p.m.		Mr Brian Smith
Sunday 15th	10:45 a.m.	Messy Church	
Sunday 22nd	10:45 a.m.	Circuit Service at Market Rasen	
Sunday 29th	10:45 a.m.	Messy Church followed by Picnic	

LETTER TO THE EDITOR

Dear Steve

The right-hand cartoon on p.36 of the June Signpost really tickled me, as I have been emailing my sermons to various people for years, and largely not those who fall asleep during them.

Can I just say what a joy it has been to be part of Signpost. It provides a wonderful service to our villages, and I know how valued it is. Many thanks to the valiant team who keep it going.

You have broadened its scope since you have been editor. You do a good job in keeping our eyes and minds open to new ideas.

All best wishes,

Peter

**The latest date for entries to August's Signpost
is Sunday the 15th of July at 6:00 p.m.**

MINISTRY NEWSLETTER

By way of introduction.....

Geoff and I have lived in Spridlington since 1988, our children attended the local schools but have long since flown the nest. Mark lives with his wife and daughter in Belfast, Emma and her partner live and work in London. Geoff is retired and enjoys gardening, walking the dog and is a prolific reader.

I am a teacher by profession and worked for many years in schools but for the last 16 years have been teaching adults in the area of creative textiles. Working freelance in and around the Lincoln area with occasional trips further afield to give lectures and workshops keeps me very busy. When I am not teaching I can be found at the design table which is basically messing about with paint and coming up with new patterns to use in my work. I also accept commissioned work, which recently has included church furnishings.

For a number of years I served the church as a Reader before becoming ordained and as I write this I am preparing for my ordination as priest at the end of June. It will be a privilege to work with and alongside you as a member of clergy. Whilst a priestly ministry is a full time ministry, my teaching work continues.

One of the exciting things about teaching creative textiles is to be continually inspired by the creativity shown by students: they often come to class with the notion that they don't have an ounce of creativity in them and then go on to produce the most wonderful work! We are all creative, but sometimes it takes something or someone to unlock the creativity that is within us. During this time of change it is an opportunity for us to be creative, to share the gifts God has given us.

The work to find a successor is already under way and whilst at the moment we are without a parish priest there is a large team of people working together to ensure the smooth running of our parishes during this time of change.

Quite how things will change I have no idea, I'm not into forecasting the future but I do think change is good for us. It concentrates the mind and by working together, supporting one another and being there for one another we can move forward and face any changes and challenges creatively and with confidence.

With every blessing

Sally Turnbull

BISHOP OF LINCOLN'S LETTER

Dear friends,

The Olympic and Para-Olympic games are almost upon us. It will be an exciting time for our nation and the world as thousands of athletes from all over the planet arrive on our shores to test their skills in a wide range of sports against the best in their particular field. We also might find ourselves becoming temporary experts in sports we have never seen before - I remember really enjoying curling on the TV at one winter Olympics and learning a lot about the various techniques involved.

Sadly, it is also a dangerous time as, with the eyes of the world upon the United Kingdom, this would be a good time for a terrorist attack. We should pray for a safe Games. My wife and I are going to one track and field event and we are already planning our route to the stadium, probably by river and on foot, so we get there comfortably on time.

One thing I learned from the More than Gold website is that the original Greek Olympics were preceded by a 'Sacred Truce', which allowed competitors to reach the stadium without being attacked as they passed through the Greek peninsula. I am hoping for a Sacred Truce this time as well - not just safety from terrorist attacks or a safe journey to our event - but in a much broader sense.

Bringing young people together from almost every nation on the planet creatively and enjoyably to engage in competitive sport is an example of how nations could relate to each other, without the need for ancient enmities or violence. The Games are surrounded by a hundred day vigil for peace in the world: peace between and within nations; peace in our own hearts. Let us pray that this will be the true legacy of the 2012 Olympic and Para-Olympic Games.

+Christopher Lincoln:

LIFE

I would not give much for your life unless it can be seen, lamps do not talk, but they shine, and light the way for us all.

A lighthouse sounds no drum; it beats no gong, and yet far over the water its friendly spark is seen by the mariner.

So let your actions shine out your life. Let your conduct talk out your soul. Let the main sermon of your life be illustrated by your conduct, and it shall not fail to be illustrious.

(For He said; I am the light of the world)

Researched John Ivory

GARDENING BUDDY WANTED

Lawrence of Glenthams (20 with learning difficulties) would love to have a gardening buddy for long college holidays or weekends.

Would suit either a retired keen gardener ready to pass on life-skills or perhaps another young adult with learning difficulties also interested in gardening and horticulture. He already has his own green house, poly tunnel and vegetable patch. He can pay expenses if needed.

Phone Sue on 01673 878398 or email roneallan@btpopenworld.com for further details.

Ordination of Priests

You are invited to

Lincoln Cathedral

on

30th June 2012 at 5:30 p.m.

Sally Turnbull will be ordained priest
and licensed to the Owmbly Group & Springline Parish

and also to

St Hilary's Church, Spridlington

on

Sunday 1st July at 6:00 p.m.

Sally will celebrate her first Eucharist.

At this service Revd Julia Hepburn will deacon after her ordination earlier that day.

We do hope you can join us for one or both of these special occasions.



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FROM THE REGISTERS

Baptisms:

Baptised at Hackthorn on May 20th - William Jack Barker-Rose

Marriages:

Married at Hackthorn on May 26th - James Bailey & Alison Richardson

Married at Saxby on June 9th - Dale Smith & Katie McKiernan

Funerals and Burials:

Funeral at Hackthorn & Cremation on May 30th - Joan Wells-Cole, aged 93

Funeral & Burial at Hackthorn on June 13th - Donald Macdonald, aged 78

Funeral at Glentham & Cremation on June 14th - Tony Yapp, aged 89



As from next month, we regret that "From the Registers" will be discontinued for the time being

ASK YOUR GP ABOUT EXERCISE REFERRAL

People with a medical condition that would benefit from exercise are being encouraged to speak to their GP about 'Exercise Referral'.

Every district in Lincolnshire offers Exercise Referral, funded by NHS Lincolnshire, and over 20 medical conditions across the county could benefit from exercise. The offer is open to anyone aged 18+ with a medical condition that would benefit from regular physical activity.

Lincolnshire Sports Partnership is helping to coordinate Exercise Referral schemes across the county, and Physical Activity Manager Sarah Ferneyhough is hoping more people will take up the offer.

The offer is open to anyone aged 18+ with a medical condition that would benefit from regular physical activity.

She says: "Individuals may reduce medication, increase their fitness level, feel and look better after completing the 12-week course, and I hope that more people in Lincolnshire will see the benefits of Exercise Referral. Lincolnshire is very fortunate to have a scheme like this, other counties have had their funding cut, and around 3,000 people are being referred onto the programme every year."

As part of the programme, Level 3

instructors will help individuals get started and review their progress as they increase their activity levels. Individuals will be eligible for subsidised rates at their leisure centre, and will receive lots of information about improving their health and keeping fit.

Going to the gym twice a week has given Jim back his independence and allowed him to have more quality time to himself.

Conditions that are accepted onto the scheme include diabetes, joint or back pain, cardio-vascular conditions, asthma, high blood pressure and cholesterol, stress and depression. The 12-week course has also been very effective for rehabilitation and weight loss.

Jim Barley noticed that as he was getting older everything took more effort, so he asked his doctor if he would make a referral. Going to the gym twice a week has given Jim back his independence, helped raise his self-esteem, and allowed him to have more quality time to himself.

He said: "My wellbeing, confidence and general quality of life has greatly improved, and as a bonus my fitness levels have increased."

For more information on how to get on the scheme, contact your local GP. Alternatively, visit the Physical Activity section of www.lincolnshiresports.com.

If you have an article or story you feel would be of interest to our readers, please contact Steve, the editor, for more details. His telephone number is on contacts page at the back of the magazine. Full contact details are on the web site - <http://owmbygroup.co.uk>

**The latest date for entries to August's Signpost
is Sunday the 15th of July at 6:00 p.m.**

THOUGHT FOR THE MONTH

One day a young man was standing in the middle of the town proclaiming that he had the most beautiful heart in the whole valley. A large crowd gathered and they all admired his heart for it was perfect. There was not a mark or a flaw in it. Yes, they all agreed it truly was the most beautiful heart they had ever seen. The young man was very proud and boasted more loudly about his beautiful heart.

Suddenly, an old man appeared at the front of the crowd and said "Why your heart is not nearly as beautiful as mine." The crowd and the young man looked at the old man's heart. It was beating strongly, but full of scars, it had places where pieces had been removed and other pieces put in, but they didn't fit quite right and there were several jagged edges. In fact, in some places there were deep gouges where whole pieces were missing.

The people stared -- how can he say his heart is more beautiful, they thought?

The young man looked at the old man's heart and saw its state and laughed. "You must be joking," he said. "Compare your heart with mine, mine is perfect and yours is a mess of scars and tears."

"Yes," said the old man, "yours is perfect looking but I would never trade with you. You see, every scar represents a person to whom I have given my love -- I tear out a piece of my heart and give it to them, and often they give me a piece of

their heart which fits into the empty place in my heart, but because the pieces aren't exact, I have some rough edges, which I cherish, because they remind me of the love we shared.

Sometimes I have given pieces of my heart away, and the other person hasn't returned a piece of his heart to me. These are the empty gouges -- giving love is taking a chance. Although these gouges are painful, they stay open, reminding me of the love I have for these people too, and I hope someday they may return and fill the space I have waiting. So now do you see what true beauty is?"

**Yours is perfect looking
but I would never trade
with you.**

The young man stood silently with tears running down his cheeks. He walked up to the old man, reached into his perfect young and beautiful heart, and ripped a piece out.

He offered it to the old man with trembling hands. The old man took his offering, placed it in his heart and then took a piece from his old scarred heart and placed it in the wound in the young man's heart. It fit, but not perfectly, as there were some jagged edges. The young man looked at his heart, not perfect anymore but more beautiful than ever, since love from the old man's heart flowed into his. They embraced and walked away side by side.

PRAYER FOR THE MONTH

Watch, dear Lord, with those who wake, or watch, or weep tonight, and let your angels protect those who sleep. Tend the sick. Refresh the weary. Sustain the dying. Calm the suffering. Pity the distressed. We ask this for the sake of your love.

St Augustine (354-430)

JOKE OF THE MONTH

My SatNav

I have a little SatNav
It sits there in my car
A SatNav is a driver's friend
It tells you where you are

I have a little SatNav
I've had it most my life
It does more than the normal one
My SatNav is my wife

It gives me full instructions
On exactly how to drive
"It's thirty miles an hour" it says
"And you're doing thirty five"

It tells me when to stop and start
And when to use the brake
And tells me that it's never ever
Safe to overtake

It tells me when a light is red
And when it goes to green
It seems to know instinctively
Just when to intervene

It lists the vehicles just in front
It lists those to the rear
And taking this into account
It specifies my gear

I'm sure no other driver
Has so helpful a device
For when we leave and lock the car
It still gives its advice

It fills me up with counselling
Each journey's pretty fraught
So why don't I exchange it
And get a quieter sort?

Ah well, you see, it cleans the house
Makes sure I'm properly fed
It washes all my shirts and things
And - keeps me warm in bed!

To have your product or service advertised in Signpost, please contact Steve, the editor, for more details. His telephone number is on contacts page at the back of this edition. Full contact details are on the web site <http://owmbygroup.co.uk/contact>

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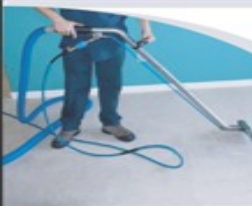




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HACKTHORN & COLD HANWORTH

HACKTHORN C. OF E. PRIMARY SCHOOL

We had a great time in the run-up to the Jubilee celebrations. All our pupils enjoyed a whole week of 'no work', instead they were treated to such delights as 'Jubilee numeracy' and 'Jubilee literacy' along with some fascinating historical research into the Queen's family tree. Who would have guessed that maths could be so much fun when it involves calculating a league table of the longest reigning monarchs?

The culmination of our week was a complete re-enactment of the Coronation, which gave everyone a chance to find out about the people who were involved and what it means to be a Lord Chancellor, or Bishop of Bath and Wells.

Year 5 entered the technology challenge at William Farr again this year which was

rounded off by them eating a 'healthy lunch' which they had made for themselves. Year 6 will soon be heading up to the 'big school' for a series of 'Be Safe' training workshops, which we hope will be of great benefit to all of them in the future.

Another date for your diary is the School Fair which will be held on the 12th July at 3:30 - 5:00pm (please note that this is a Thursday this year), where there will be all sorts of games and stalls organised. As ever, we would like to think we'll be able to hold it outdoors again this year, especially as we seem to have already had our ration of rain for now!

Contact the school on 01673 860295 to arrange a visit or to request a School Brochure, or have a look round our website at www.hackthorn.lincs.sch.uk.



HACKTHORN & COLD HANWORTH LOCAL HISTORY GROUP



OPEN MEETING

**12th July 2012 at 7.30 p.m.
in Hackthorn Village Hall**

There will be an appraisal plus photographs of the Jubilee Memorabilia Exhibition held for the Queen's Diamond Jubilee.

GOOD NEWS - The website: www.hackthornhistorygroup.org.uk is now operational but we need lots more material to be included. Please bring your ideas, photographs etc. to this meeting.

If you have an article, story or event concerning Hackthorn you feel would be of interest to our readers, please contact Steve, the editor, for more details. His telephone number is on contacts page towards the back of this month's edition or you can email your submission to hackthorn@owmbygroup.co.uk

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SPRIDLINGTON

THANK YOU

JUBILEE STREET PARTY

The street party held on 4th June was very successful. There was an excellent turnout with approximately 80% of the villagers attending. A wonderful array of food was provided by those attending and everyone seemed to enjoy the occasion. Thanks to everyone who attended, to Sue Doar for making the celebration cake, to those kind people who helped with the bunting etc and to everyone who contributed so generously to the raffle either in donating prizes or in purchasing tickets. Over £200.00 was made and will be donated to village hall funds. A very big thank you to the organizing committee for their hard work. We look forward to more village events like this.

LITTER PICK

The litter pick held on Friday 11th May was a great success. A good number of people volunteered despite the weather and I would like to thank all concerned for their sterling efforts. Thank you all!

Liz Clough

A huge **THANK YOU** to the Spridlington Jubilee Committee for the fantastic Jubilee Street Party that they organised: we all loved it. Also a very grateful Thank You for the donation, raised by the raffle, that they made to the Village Hall funds.

The Spridlington Village Hall Committee

If you have an article or story concerning Spridlington, please call Diana Burrows on 01673 861363 or email your submission to spridlington@owmbygroup.co.uk

An Invitation to Your Village Hall

If you are planning a special event: a wedding anniversary or birthday party, a school reunion or seasonal celebration - or if you want to start up a club or need somewhere to rehearse, please bear your Village Hall in mind.

Since its renovation, it is looking particularly attractive and its kitchen facilities are now quite swanky!

Rates are very reasonable - and you'll be able to fit in so many more friends and family.

Contact Susan (01673 863013) or Joey (01673 862015) or any committee member.

Meanwhile, to counter life's stresses on mind and body, Yoga classes continue on Monday evenings at 7.30pm.

Spridlington Village Hall

Future events for your calendar

August 18th. One for the grown-ups.

Get out the party frocks and sharp suits for our *Summer Evening Cocktail Party*.
Lovely summer drinks and nibbles.

In **October** we'll be holding another celebrated *Fun Quiz Night*. This is always a popular event. A perfect occasion, if you've not been before, to make new friends.

And with the dark nights of **November**, what better fun than a *Murder Mystery*? Play detective as you and your team scrutinise the suspects and try to solve the grisly crime - whilst enjoying a tasty supper as you sift the evidence!

Details on all these events to follow in future Signposts - or ring Susan (01673 863013), Joey (01673 862015) or other committee members.

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NORMANBY & OWMBY

NORMANBY-BY-SPITAL PARISH COUNCIL NEWS

The Annual Parish Meeting was held on Wednesday 23rd May and 11 villagers attended, together with Cllrs R Bellamy, K Green, A Carter, D Clinch, Cllr Mrs H McLaughlin, PCSO Angie Raper and County Councillor Lewis Strange.

Apologies were received from Cllrs Mrs A Crowther and Mrs B Moulson.

The minutes from last year's meeting - having been distributed - were proposed, seconded and signed as a true record.

The Chairman, Cllr R Bellamy, gave his report in which he mentioned the bad state of the church wall, which should have been repaired properly over a year ago, yet is still not finished.

Private Lane is in a very bad state of repair. To avoid the enormous potholes, vehicles have used the grass verge, which no longer resembles a grass verge.

Three quotes have been obtained to repair the War Memorial, but it was decided to defer any repairs until after November 11th.

Talks are progressing slowly regarding the land which we hope to acquire for a recreation ground.

The Clerk reported that a new contractor has taken over the maintenance of the cemetery and a rota to empty the green and black bins is to be worked out.

The Financial Statement was presented. Expenditure up to 31st March 2012 was £607.10 and there was a balance of £2,116.33. A higher precept had been because of the taking over of the cemetery and the possibility of another election. A lower precept had been set for this year.

The Open Session - Meryl and Steve Ward spoke about their application to erect 3 wind turbines on land between the A15 and Normanby village, along Normanby Cliff Road. There were a lot of questions and though in the main these were answered, a Parish Meeting was called for and this was arranged for Wednesday 13th June. A leaflet drop telling residents of this meeting will be arranged by the Ward's. WLDC had not put the details of this application on line until 11th May - they have apologised for this mistake - but everyone can now see the plans on line in detail.

The Annual Parish Meeting followed: Cllr R Bellamy was re-elected as Chairman with Cllr A Carter as Vice-Chairman. The Financial Statement was approved. It was agreed to pay the insurance - £144.59 - which for some reason is lower than last year.

It was noted that the Clerk had obtained 1 written and 2 verbal quotes for the grass and hedge cutting at the cemetery, and with the approval of Owmbly Parish Council - it was agreed to go with Green Grass Contracting.

Nadine Fox - Clerk

GARDEN PARTY

There will be a Garden Party at Graber House, Field Lane on **Monday 16th July** starting at **2:30 p.m.**

There will be garden games (if the weather permits) and a bring and buy table.

Entry will be £1.00 and all proceeds are going to **LIVES**.

All are welcome

Nadine & John Fox

THANK YOU

OWMBY & NORMANBY JUBILEE CELEBRATIONS

We wish to thank the following people and organisations who helped to make this event possible:

The Illingworth family
Stone Farm Carriages
Lincolnshire Co-Operative
Martin & Leanne at the B & G
May Gurney (for the signage)
Happy Goose Productions

Parish Councils of both villages
West Lindsey District Council
Ian at the Post Office
Laura (for the quiz)
In Sync Design
All our dedicated volunteers

NORMANBY-BY-SPITAL PRIMARY SCHOOL NEWS

Although our Jubilee day got off to a damp start, the sun made an appearance in time for our outdoor banquet/ picnic. Over 80 people sat down to enjoy a wonderful English buffet prepared by Mrs Looker. Many more also brought their own picnic and joined in the fun. The afternoon passed quickly as the children enjoyed a variety of wet and wild fun and games. Thank you to all who made jelly!!! Thank you also to Katie's mum (Kay Perry) for providing a Royal Oak sapling. This has now been planted near to the time capsule.

On June 27th the children are taking a trip

to Skegness to view the Olympic Torch. Fingers crossed for sunny weather.

From October we will have vacancies on our Governing body for an LEA and a Community governor. If anyone is interested please contact the school office.

We are currently enrolling children for our pre-school in September. If anyone is interested please contact the school office to arrange a visit. Tel: 01673 878216

For further information about school visit our website: normanby.vschool.org.uk

OWMBY PCC MONTHLY DRAW

1st	2nd	3rd
Mark Illingworth	Christine Harrison	Tom Shepherdson

If anyone would like to join our Monthly draw you would be most welcome.
It costs just £12.00 for the year - Contact Avril on 878393

St. Peter & St. Paul Church COFFEE MORNING

Thursday 5th July at 10:30 a.m.

By kind permission of

Jane Hiles

Westfield House, Owmbly by Spital

Everyone welcome



OWMBY CRICKET CLUB

PRESENTS

OWMBY vs NORMANBY

20/20 MATCH and a BBQ

Thursday 12th July at 5:30 p.m.

Sorry the last one was cancelled - Let's hope the Sun Shines!

ST PETER AND ST PAUL CHURCH

The July 1st service is a Group Service to be held at Spridlington Church
The scheduled Owmbly by Spital Church Service for July 1st is now to be held on
Sunday 29th July at 6:30pm

The following Sunday, 5th August, will be as usual at 6:30pm

If you have an article, story or event concerning Owmbly or Normanby that you would like published in Signpost, please contact Avril on 01673 878393 or email your submission to her at normanby@owmblygroup.co.uk.



Whist Drive Results

1st Lady	Jean Cowperthwaite	1st Gent	Brian Jois
2nd Lady	Tina Harrison	2nd Gent	Richard Harrison
Low Score	Shirley James Avril Harrison	Near Score	Shirley James Brian Jois
Miniature	Shirley James Richard Harrison	Raffle	Lois Green Tina Harrison

Anyone wishing to join us at the next Whist Drive, it will be held at the home of
Victor and Avril Harrison in Owmbly on 25th July, starting at 7:30 p.m.
We are always pleased to see new faces, and it is always a very light-hearted evening.

RAINBOW FELLOWSHIP

For residents of the Owmbly Group of Parishes

Monday July 2nd at 2:00 p.m.

The Cottage, Main Street, Normanby

Maureen Gariff will talk about her Travels

New Members Welcome



OWMBY & NORMANBY JUBILEE CELEBRATIONS

WHAT A DAY TO REMEMBER!

So pleased we had such huge numbers (we served over 350 with food) coming along to join in the fun. We really appreciated your support after all the organisation.

The pony and trap was a delight to see. The streets were lined with many onlookers

Here are some of the lucky winners on the day

Decorated bike: **Jack Smith**

Fancy dress: **Archie Carter & Amelia Crompton-Howe**

5-8's Sack Race: **Tatty and Freddy Martin**

Children's Egg & Spoon: **Jerrod Shuttleworth**

Grinning contest: **Amelia Crompton-Howe**

12-16's Biscuit Eating: **Charlie Clinch**

Adult's Egg & Spoon: **John Wiggins**

Adult's Tug of War: **Owmbly**

Jubilee Quiz: **Janet Buckley** - 2nd prize went to **Kat Jackson**

Can You Help?

Normanby by Spital Primary would like to appoint a Caretaker to work for 5 hours per week (negotiable).



The ideal candidate would be someone who lives locally, who can carry out some DIY, window cleaning, open up for and dealing with deliveries and for occasional hall hire lettings. This may involve some heavy lifting and carrying items up and down stairs. If you are interested please contact the school office for further information.

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GLENTHAM & CAENBY

GLENTHAM PARISH COUNCIL

NOTES ON COUNCIL MEETING HELD ON 7th JUNE

Council matters

The **Queen's Diamond Jubilee** celebrations held at the Village Hall in conjunction with the Village Hall Management Committee turned out to be a great success, and were enjoyed by all the attendees. Grateful thanks were expressed by the Council to those who had put in the time and effort to create a worthwhile event.

The Council feels it would be good to see a **flag** flying again over the Church tower, and enquiries are in hand to see if this is possible; there are some doubts about the safety of the steps to the roof. Work on obtaining financial assistance to have the clock mechanism completely overhauled is in hand

The recent resignation of Cllr Neil Simpson as Chairman of the Council was received with

regret, but Neil's other commitments were becoming pressing and he had served as Councillor and Chairman for several years. The Chairman's position was filled at the annual meeting by the former Vice-chairman Cllr Alan Lakeman, and the Council is delighted to welcome **Adam Shaw**, who was co-opted to the Council against stiff competition.

The **mobile library** has been saved thanks to the increased attendance during March this year. Full use of this facility should help guarantee its continuation.

Dates of next meetings

The next Council meetings are scheduled for Thursday 5th July and Thursday 2nd August. There is always an open forum for the public to raise any parish issues and everyone is welcome.

Parish Council contact details

The Councillors:-

Neil Simpson (Chairman)
Sarah Shaw
John Youngson Summers
Martin Kuhl

Alan Lakeman (Vice-chairman)
David Rayner
Mark Dowthwaite

The Councillors can be contacted via the Parish Clerk, as follows:-

Jeff Reynolds, Lark Rise, 5A Beck Hill, Tealby, Market Rasen LN8 3XS
Tel: 01673 838571 Email: gpclarkrise@btinternet.com

THANK YOU

Christian Aid Week

Thank you so much for your generous giving in support of Christian Aid week. A grand sum in excess of £238.00 was donated through the envelope scheme.

Many thanks from Jenny & Peter

LOCAL BUS TIMETABLE

Gainsborough to Market Rasen Mondays to Fridays schooldays

Service 370 operated by Stagecoach

Gainsborough Bus Station	0740	1450
Glentham	0805	1515
Market Rasen Market Place	0820	1530

Market Rasen to Gainsborough Mondays to Fridays schooldays

Service 370 operated by Stagecoach

Market Rasen Market Place	0845	1553
Glentham	0900	1608
Gainsborough Bus Station	0920	1628

Glenthams Singers Present

A Summer Concert

In the Village Hall Glenthams

On Thursday 19th July

At 7:30pm

Admission £5.00

Wine & refreshments will be served

Raffle

Proceeds to

Motor Neurone Disease Association

GLENTHAM 55+ CLUB

55+

Monday 9th July, 2:00 p.m.
Glenthams Village Hall

55+

Non-members would be very welcome

Afternoon Tea



Raising funds for St. Peter's Church

Sunday

22nd July

2 - 4 p.m.

CAKE STALL

RAFFLE

Orchard House, Wasdyke Lane, Glenthams

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Glenthams Chapel Messy Church

A new, exciting way to worship for all the family

Sunday 15th and 29th

Services start at 10:45 a.m.

If you have any questions call Jenny & Peter Atkinson - 01673 878806

GLENTHAM & DISTRICT GARDENERS' CLUB



The next meeting will be on
Tuesday 12th July at 7:30 p.m.
in Glenthams Village Hall

Stephen Lovell will speak about
"Perennials for every season".

Entry is free and non-members are welcome to attend.

Glenthams Village Hall

COFFEE MORNINGS

Wednesdays 10:00 - 11:30 a.m.

July 4th, 11th, 18th & 25th

All welcome
Proceeds to Village Hall Funds

'The Crown' at Glenthams Men's Breakfast

Katy & Darren have agreed to serve breakfast on

Saturday 14th July

At 9:00 a.m.



An opportunity for men to meet and chat over a delicious full English breakfast!

Please Phone Peter Atkinson on 01673 878806 to reserve a place

Organised by Glenthams Methodist Church

Glenthams Chapel Holiday Club On Your Marks...

A 'Global Games' sports theme based on significant events from the life of Jesus found in Mark's Gospel

Monday 23rd – Friday 27th July - 10:00 – 12noon (4 to 12 year olds)

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Cost - £5.00 per child

Book YOUR place TODAY!!!!

Contact Jenny & Peter Atkinson
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GLENTHAM & CAENBY TAPESTRY GROUP

The next group meeting will be on

Tuesday 3rd July at 7:30 p.m.

St Peter's Church, Glenthams

(The Trap House, Glenthams if the weather is inclement)

New members are always most welcome.

ATTENTION MENFOLK

The Glenthams Singers, currently a ladies singing group, are looking to expand with some gentlemen's voices.

If you enjoy singing, and can commit to one evening each week, we would love to hear from you. You are most welcome to visit, as an observer, to any of our weekly practices before committing yourselves.

For any further information please contact
Margaret Fielder on 01673 878004



Glenthams Boat Race



Boats will be judged & sailed if water level permits

Sunday 16th September 3pm

Seggimoor Beck

Also

Arts, Craft & Produce Show

Glenthams Village Hall

Any enquiries please phone Margaret 07711 112171

Glenthams Village Hall Management Committee

GLENTHAM VILLAGE HALL 2012 EVENTS

September 16th

Glenthams Annual Show

If you have an article or story concerning Glenthams, please contact Margaret Cromack on 01673 876242 - or email your submission to her at glenthams@owmbygroup.co.uk

Baby & Toddlers Group

Mondays 10:00-11:30 a.m. at Glenthams Chapel

July 2nd, 9th, 16th & 30th

For further information please phone Jenny 878806 or Kathy 876284

PRESENCE BIBLE STUDY AND PRAYER GROUP

Inter-denominational - Praying for our Communities

Thursdays 12th & 26th of July, 7:00 p.m.

Tilsit, Bishop Norton Road, Glenthams.

Contact Jenny or Peter on 01673 878806

Glenthams Methodist Chapel

COFFEE MORNING

Tuesday 17th July at 10:30 a.m.

2 Barff Meadow, Glenthams

By kind invitation of Bob & Maureen Dickson

All Welcome



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 WEDNESDAY 7:10pm - 7:30pm - **ABS CLASS** - £1 ENTRY
 WEDNESDAY 7:30pm - 8:15pm - **BOXERCISE** - £3 ENTRY
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One of your neighbourhood officers will be attending the following Coffee Mornings / Police Surgeries.

We will be pleased to meet you and discuss any issues you may wish to raise. Alternatively please call 101.

Date	Location	Time
5th July 2012	Glentham Village Hall	10:30 a.m.
10th July 2012	St Mary's Church, Welton	11:00 a.m.
10th July 2012	Willoughton Village Hall	6:00 p.m.
12th July 2012	Hemswell Cliff Primary School	10:00 a.m.
14th July 2012	Welton Methodist Church	11:00 a.m.
18th July 2012	RAF Scampton V Cafe	10:00 a.m.
25th July 2012	Faldingworth Village Hall	10:00 a.m.

Your Neighbourhood Policing Team

PC Lee Schofield - 07500 920108 - lee.schofield@lincs.pnn.police.uk

PC Rachel Hughes - 07500 920114 - rachel.hughes@lincs.pnn.police.uk

PCSO Julie McFaul - 07825 100397 - julie.mcfaul@lincs.pnn.police.uk

PCSO Angie Raper - 07500 920222 - angie.raper@lincs.pnn.police.uk

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WELTON PATIENT AND DOCTORS ASSOCIATION

The Autumn Fayre preparations continue and we are still looking for donations of raffle and tombola prizes, books and good quality bric a brac. You can arrange collection by calling me on 862570 or Roy Minnitt on 860980. The Fayre is being held on Saturday 13th October in Welton Village Hall with doors opening at 2pm. The raffle will be drawn at 4pm.

We have had a good response from people wanting to hire tables but there are still a few available to hire for a charge of £5 per table. Please contact myself (862570) or Roy Minnitt (860980) to register your interest. We will contact you nearer the time once we know what response we have. To give everyone who hires a table a chance to sell their items we are aiming to avoid too many stalls selling the same type of item. We have also taken the decision,

following a Committee meeting, not to allow any stalls selling food items other than those run by the PDA.

We will be running a 'cafe' in the Monce Room again this year so that you can take the weight off your feet and enjoy something to eat and drink before having another look around the many stalls and games.

Raffle tickets are now available priced at £1 a book. They can be bought from the Health Centre Dispensary, Essential Looks Hair and Beauty, Dunholme, Taylors Pet Foods, Welton, The Paper Shop, The Green, Welton or any PDA driver. Don't forget 'you have to be in it to win it'! We already have some excellent prizes promised and I am confident that we will have many more by the day.

Janet Goddard

WELTON HEALTH CENTRE NEWS

Our latest patient survey is now out - please let us know if you wish to be included in our "virtual" patient group. All we need is an email or postal address and we will send a short survey to you for completion. This time we are looking mainly at our appointment system, and open surgery times in particular, and welcome all feedback and suggestions. Results should be collated by the end of July and reported back on our website shortly afterwards.

Reminder for patients to save time please use our 'electronic booking in' system where possible instead of waiting to be booked in by the receptionist.

Dr Alison Rawden, who has been working with us as a locum in recent months, got married this month and will in future be known as Dr Lumley. Dr Nicola Porter is due to go on maternity leave mid August and we will be engaging the services of several locums during the forthcoming months to cover the maternity absences of Drs Porter, Gomez and Nellist.

Dispensary staff have asked if patients could please remember to choose the automated option to order prescriptions wherever possible when telephoning the surgery and not the option to speak directly to the staff thereby freeing up dispensers to deal with their ever-

increasing workload. Obviously if a patient needs to speak to the dispensers or have a query that option is there for this purpose.

The Practice is part of a Research Network and as such participates in various projects from time to time. Letters are currently being sent to a random selection of patients as part of a study looking at the genetics of type 2 diabetes in multi-ethnic populations.

A continuing thank you to all for patience shown during our computer system transition. As a result of the changeover we have experienced a huge problem with recall dates for certain conditions and are working as quickly as possible to rectify this. Our aim is to schedule patients needing an annual review for chronic diseases during their birthday month and patients will be invited in and advised to have relevant blood tests prior to their appointment so a full review for all relevant conditions can be undertaken when attending. If you receive a letter inviting you to attend a clinic for review please make sure that any blood tests are taken prior to your appointment or we may have to ask you to re-book at a later date.

Sallie Stead

BISHOP NORTON FUN GARDEN SHOW & MINI OLYMPICS

Sunday 2nd September 2012

Entry forms now available at a cost of £1 per person
from Karen 818798 or Ann 818917 to be in by 20th August.

There are various classes for Flowers, photos, vegetables, homemade products,
crafts & children's classes.

FREE Sunflower seeds are available from Ann 818917

A Mini Olympics will be held for adults & children,
there will be a BBQ & tombola, tea & coffee will be also be available.

BISHOP NORTON LUNCHES

Two courses home cooked meals with tea or coffee

£4 PER PERSON

Next lunch dates:

Wednesdays 11th July, 8th August, 12th September

Lunches served in the village hall at 12 Noon

Please ring at least two days before to book your place

EVERYONE WELCOME!

Ann 01673 818917 or Karen 01673 818798

Diamond Jubilee Celebration - June 3rd

Despite the weather, a great time was had at Bishop Norton Village Hall. With a tree planting by Les Camm under umbrellas and marquees in the hall car park, everyone managed to stay dry.

The day included a toast to the Queen by Mr John Dickinson followed by the national anthem played by Kath Brooks. Sylvia Graves then unveiled the new history cabinet which contained lots of old photos. A clown and Punch and Judy entertained the crowds before the hog roast tea. Home made jubilee buns and lots of deserts were to follow.

A DVD slide show was then shown. This included lots of old photo's for people to see.

The evening then continued with a disco and more food. Many thanks to all the organisers concerned. Money for the event was provided by Bishop Norton Parish Council, WLDC via a grant and the Village Hall Committee. Other donations were from Tesco (Ian Moat) and Piper's Crisps (Deborah Smith).

Some very nice letters of thanks have been received - your comments make the work worth while.

Dunholme WI

Wednesday July 11th, Jubilee Room of Dunholme Village Hall starting at 7.30pm

The speaker will talk about Hearing Dogs for the Deaf and will have a trained dog with him.

This months competition: "A Flower Arrangement in a Wine Grass".

Roll Call: "My Worst Fault"

Full info from Janice Ritchie 01673 861172

COMING to
The Broadbent Theatre, Wickenby LN3 5AW
Box Office 01673 885500
or book online at www.broadbent.org

.....
Purple Dreams Theatre Co
 presents

“Kissing Angels”

Angel has the perfect life. She has fame, fortune and a very wealthy fiancé. But when her uber-wealthy husband-to-be is killed off under suspicious circumstances, Angel finds herself penniless – and nobody wants to know! Only the school friend she used to bully, a slightly crazed stalker and a mysterious stranger will give her the time of day – but will they help her get her life back on track? ‘Kissing Angels’ is a new comedy written especially for The ‘Empty Stage’ Tour, presenting a few twists and turns on the way to a heart-warming climax.

Saturday 21st July - 7.30pm
Tickets £9.00 full / £8.00 Conc.

.....
John Shuttleworth
“Out of Our Sheds”

‘His stand up is second to none, his timing is impeccable and you can practically warm your hands on his good nature’ – The Guardian

*“Shines like a beacon of humanity” Evening Standard *****

“The National institution” (Sunday Telegraph) goes back on the road after a longish absence. The Sony and Perrier nominated Shuttleworth ventures beyond the garden gate to tread the mean streets of Britain.

Which is better: City life or country living? Supermarket or village shop?

Star of TV’s 500 BUS STOPS and IT’S NICE UP NORTH.

Saturday 8th September - 7.30pm
All Tickets £8.00

.....
The Movement Theatre Company
 present

“Midsummer Nights Dream”

by William Shakespeare

The Movement has previously visited the Broadbent with their very popular productions of “Twelfth Night” and “The Tempest”.

The Movement are directed by ex-Broadbent Youth Theatre member Ben Blyth.

Saturday 15th September - 7.30pm
Prepaid Tickets £8.50 full / £7.00 Conc.
At The Door Tickets £9.50 full / £8.00 Conc.

While every effort is made to ensure listings are both accurate and up-to-date, you should always confirm with the venue before attending an event.

Concessions: OAPs, Students, under 16s, the unwaged, members of LRP

USEFUL TELEPHONE NUMBERS

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Anglian Water	08457 145145	Hibaldstow	01652 650580
British Rail	08457 484950	Market Rasen	01673 843556
Bus Enquiries	08456 050605	Test Results	01673 840256
		Dispensary	01673 840254
		Welton	08444 773072
Charities			
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Help the Aged	0808 8006565	Environment Agency	0800 807060
Royal British Legion	01673 860363		
Samaritans	08457 909090	Hospitals	
		Lincoln	01522 512512
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		Louth	01507 600100
County & District Councils			
LCC	01522 783060	Market Rasen Mail	01673 844644
WLDC	01427 676676	NHS Direct	08 45 46 47
Crimestoppers	0800 555111	Post Offices	
		Normanby & Owmbly	01673 878353

DONATIONS & COLLECTION POTS

Normanby Stores & PO Pot £15.51

THANK YOU ALL FOR YOUR GENEROSITY

DIARY DATES

Send in your diary dates to let villagers know of your upcoming events before they are published in the magazine.

FACEBOOK

Like our newly created page on Facebook at www.facebook.com/OwmblyGroup

DISCLAIMER

Signpost Magazine tries to offer its readers a wide range of articles by accepting submissions from third parties. However, please bear in mind the editor and staff will not check facts or references of submitted materials. As a result we cannot and do not guarantee the accuracy, completeness, or validity of the information supplied by the said third parties. Unless specifically requested, submitters will have their name attached to their articles and accept full responsibility for the accuracy and content of those articles.

Contact the editor for full terms and conditions of submitted articles and events.

The editor strives to provide complete reader satisfaction by editing and proofreading the magazine to the highest standard. However, he is only human and therefore is unable to guarantee that all stories are 'perfect' and 'error free'.

POST OFFICE OPENING TIMES

Glenthams	Monday	09:00 - 11:30
	Thursday	14:00 - 16:30
Normanby & Owmbys	Monday - Saturday	09:00 - 12:30

MOBILE LIBRARY

Owmbys by Spital	Sandwalk (Fen Rd)	10:00 - 10:30	Mondays 2 July 30 July
Normanby by Spital	Council Houses	10:45 - 11:15	
Glenthams	Village Hall	11:30 - 12:00	
Bishop Norton	Well Street	12:45 - 13:15	
Hackthorn	School	10:45 - 11:15	Tuesdays July 10
Full details, enquiries and renewals: 01522 782010			

Have you visited the Owmbys Group website?

<http://owmbysgroup.co.uk>

Signpost Online - Including Back Issues

<http://owmbysgroup.co.uk/signpost>

Computer technology and the use of the Internet to access information are both changing rapidly. We are looking to develop the Owmbys Group website considerably in the near future and to make it a facility for all our parishes. More details will be released as the website nears completion. If you have ideas that you'd like to see on the new website, please let us know.

SIGNPOST ADVERTISING RATES

<u>Size</u>	<u>Per Issue</u>
1/6 A5 page (60 mm x 60 mm)	£6.00
1/3 A5 page (60 mm x 122 mm)	£12.00
2/3 A5 page (122 mm x 122 mm)	£24.00
Full A5 page (122 mm x 184 mm)	£36.00

Registered Charities, please contact the editor for insertion policies.

Please note. Payment for adverts will be required prior to insertion. Please ensure you have submitted your ad requirements and payment BEFORE the month's deadline.

FLYER DELIVERY WITH SIGNPOST

Delivery of flyers with Signpost is £25.00. Printed flyers must be delivered to our distributor by the Signpost deadline date (15th of the month).

CONTRIBUTORS - PLEASE NOTE

Items submitted must contain the Village name or the Section for inclusion and must be legible. If possible, please type the entry. If emailing or sending a disk, send copy as plain text. If you have your own design, send as an A5 Microsoft Word, Microsoft Publisher, Adobe PDF or Serif PagePlus document and ensure it is fully editable. The editor reserves the right to not publish any submitted material if it does not meet with the above guidelines.

LOCAL CONTACTS

OWMBY GROUP MINISTRY TEAM

Contacts for ministry matters e.g. baptisms, weddings, service arrangements, home visits etc.
Email addresses can be found at <http://owmbygroup.co.uk/contact>

Parish Priest	Vacant	
Local Priest Owmbly & Glenthams	Revd Dr. John Tomlinson	01673 866159
2nd Contact Owmbly & Glenthams	Liz Harris	01673 878829
Local Deacon for Hackthorn, Spridlington & Saxby	Revd Sally Turnbull	01673 862764
Local Priests	Revd Richard Crossland	01522 730353
	Revd Bill Williams	01522 730365
Authorised Local Ministers	Viv Bailey, Anne Hunter, Liz Harris, Peter Atkinson, Rosemary Cox, Julie Harrison, Sue Doar	

CHURCHWARDENS

Contacts to do with church or churchyard matters

Glenthams	Pat Beat	01673 878260
	Robert Rowe	01673 878717
Hackthorn	William Cracroft-Eley	01673 860738
	Cathy Andrews	01673 861058
Owmbly	Avril Harrison	01673 878393
	Liz Harris	01673 878829
Saxby	Tina Harrison	01673 878551
	Chris Neave	01673 878820
Spridlington	Claire Marris	01673 862992
	Anne Hunter	01673 863196

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Normanby & Owmbly	Avril Harrison	01673 878393
Saxby	Sandra Neave	01673 878515
Spridlington	Diana Burrows	01673 861363

VILLAGE HALLS - BOOKING & INFORMATION

Glenthams	Margaret Cromack	01673 876242
Hackthorn	Cathy Andrews	01673 861058
Normanby-by-Spital	Sarah King	01673 878216
Spridlington	Jo Howard	01673 862015

PARISH COUNCIL CLERKS

Glenthams	Jeff Reynolds	01673 838571
Normanby	Nadine Fox	01673 878148
Owmbly	Shirley Sanderson	01673 843324
Spridlington / Hackthorn	Maria Wass	01673 861847

What's On This Month

Day / Date		Time	Function	Venue
Mon	2	10:00 a.m.	Baby & Toddlers Group	Glenthams Chapel
Mon	2	2:00 p.m.	Rainbow Fellowship	Main Street, Normanby
Tues	3	7:30 p.m.	Glenthams & Caenby Tapestry Group	Trap House, Glenthams
Wed	4	10:00 a.m.	Glenthams Village Hall Coffee Morning	Glenthams Village Hall
Thurs	5	10:30 a.m.	Ss Peter & Paul Coffee Morning	Westfield House, Owmbly
Mon	9	10:00 a.m.	Baby & Toddlers Group	Glenthams Chapel
Mon	9	2:00 p.m.	Glenthams 55+ Club	Glenthams Village Hall
Tues	10	7:30 p.m.	Glenthams & District Gardener's Club	Glenthams Village Hall
Wed	11	10:00 a.m.	Glenthams Village Hall Coffee Morning	Glenthams Village Hall
Thurs	12	5:30 p.m.	Owmbly vs Normanby	Owmbly Cricket Club
Thurs	12	7:00 p.m.	Presence Bible Study and Prayer Group	Tilsit, Glenthams
Thurs	12	7:30 p.m.	Hackthorn & Cold Hanworth History Group	Hackthorn Village Hall
Sat	14	9:00 a.m.	Men's Breakfast	The Crown, Glenthams
Sun	15	10:45 a.m.	Messy Church	Glenthams Methodist Chapel

Deadline for August's Signpost Sunday 15th July - 6:00 p.m.

Mon	16	10:00 a.m.	Baby & Toddlers Group	Glenthams Chapel
Mon	16	2:30 p.m.	Garden Party in aid of LIVES	Graber House, Normanby
Tues	17	10:30 a.m.	Glenthams Chapel Coffee Morning	Barff Meadow, Glenthams
Wed	18	10:00 a.m.	Glenthams Village Hall Coffee Morning	Glenthams Village Hall
Thurs	19	7:30 p.m.	Glenthams Singers' Summer Concert	Glenthams Village Hall
Sun	22	2:00 p.m.	Afternoon Tea	Orchard House, Glenthams
Mon	23	10:00 a.m.	Holiday Club	Glenthams Chapel
Wed	25	10:00 a.m.	Glenthams Village Hall Coffee Morning	Glenthams Village Hall
Wed	25	7:30 p.m.	Whist Drive	Victor & Avril Harrison's
Thurs	26	7:00 p.m.	Presence Bible Study and Prayer Group	Tilsit, Glenthams
Sun	29	10:45 a.m.	Messy Church	Glenthams Methodist Chapel
Mon	30	10:00 a.m.	Baby & Toddlers Group	Glenthams Chapel

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